2022 ANNUAL REPORT

COMMUNITY ACCESS UNLIMITED



PROGRESS AND PERSISTENCE

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OUR MISSION

OUR MISSION

To provide community access through effective and comprehensive services to people with developmental disabilities, youth aging out of foster care and people with affordable housing needs, giving them the opportunity to live independently and to lead fulfilling lives as citizens integrated into the community.

OUR VISION

We strive for our members to achieve:

- Economic self-sufficiency while being as productive as commensurate with their abilities
- Independent living within the community according to their abilities, resources and needs
- A functional level of money management
- A satisfying social life
- A healthy lifestyle
- Personal growth
- Equal rights and self-determination

OUR VALUES & BELIEFS

We believe all of our members have a right to:

- Community integration
- Holistic interactions as valued human beings
- Equal treatment as citizens
- Equal value as members of c social action movement
- Choice and self-determination
- Real lives in real homes



MESSAGE FROM LEADERSHIP

Welcome to Community Access Unlimited's annual report for 2022! We hope you will learn more in these pages about the essential and comprehensive services CAU provides to people with developmental disabilities and youth at risk in Union County and across New Jersey.

We are also excited to share with you the experiences and stories of some of our wonderful members. Our theme for this year's annual report is progress & persistence. From members achieving new goals to our team growing and forging new connections in the community, we are motivated for the future by the drive of our staff and members.

We invite you to reach out to us to learn more about the many services CAU provides that are outlined in this report. With more than 43 years serving New Jersey, we are proud to assist members with housing, life skills, employment, personal finance, relationships, civic engagement, and much more.

This year we were proud to introduce new services and renew partnerships that allow us to serve more people in our community. We launched speech therapy services to provide one-on-one assistance with speech and language skills to individuals around New Jersey. Our summer paid internship program for students with disabilities returned after a pandemic hiatus and introduced 100 students to diverse work experiences in Union and Essex counties.

The New American Movement for People with Disabilities, an advocacy organization formed at CAU in 2013, has relaunched with a focus on attracting new members to their mission of promoting equality regardless of disability status.

CAU was also instrumental this year in administering assistance for Union County residents affected by COVID-19: we provided 800 individuals and families with grocery gift cards and utility assistance funded by the federal CARES Act.

We remain committed to helping families and caregivers navigate the world of services for individuals with disabilities. Our dedicated team is here to answer your questions and help you on your journey with the many advantages that becoming a CAU member has to offer.



MARC LEVY
BOARD PRESIDENT



BERNADETTE GRISWOLD EXECUTIVE DIRECTOR

2022: A TIMELINE

JANUARY

NEW VEHICLE FLEET AND DISASTER PREPAREDNESS KITS AQUIRED FOR RESIDENTIAL

FEBRUARY PROGRAMS

NEW CONSTRUCTION RESIDENTIAL PROGRAM IN ROSELLE OPENED

MARCH

INCREASE IN NURSE VISITS AT RESIDENTIAL PROGRAMS TO IMPROVE PREVENTATIVE HEALTH

MEASURES FOR MEMBERS

MAY

NEW AMERICAN MOVEMENT FOR PEOPLE WITH DISABILITIES (NAM) **RELAUNCHES** WITH VOTER

JUNE DUCATION

PLAYERS PRESENT THE

ACE VISUAL ART CLASS GIVES STUDENTS THE OPPORTUNITY TO STUDY AND MAKE ART INSPIRED BY A DIVERSE ARRAY **OF FAMOUS ARTISTS**

ANNUAL IRA GELLER

OCTOBER WALKATHON FUNDRAISER

SEPTEMBER

PACES PROGRAM SUPPORTS 110 YOUTH MEMBERS IN 2022 WITH 85 MEMBERS ENROLLED IN POSTSECONDARY EDUCATION

OR EMPLOYED





YOUTH LEADERSHIP PROGRAM **EXPANDS** IN-PERSON TRAINING





AUGUST

OVER 100 YOUTH PARTICIPATE IN SUPPORTED INTERNSHIP PROGRAM IN UNION AND ESSEX COUNTIES

EMERGENCY HOUSING AND SUPPORT PROVIDED TO 15 ADULTS IN CRISIS IN 2022 IN EMERGENCY

CAPACITY SYSTEM (ECS) • NOVEMBER





CAU TRANSITION FAIR HELPS FAMILIES PLAN FOR THE FUTURE





OUR WORK



HOUSING

- 55 residential programs with 24-hour support staff
- 256 housing units across Union County
- Safe housing, food, clothing medical care, educational assistance, life skills, training & emergency housing for youth & adults



EMPLOYMENT SERVICES

- Prevocational training
- Career planning
- Supported employment (job coaching)
- Paid work experiences
- Support to employers to build workplaces inclusive of people with disabilities



SUPPORT COORDINATION

- DDD-approved to coordinate and monitor support services plans
- Work with members and families to reach goals and find the best services available in their communities
- 24-hour hotline for members and families



DAY PROGRAM

- Spacious day program in Cranford, NJ
- Enriching daily activities
- Focus on independent living skills
- Access to medical and behavioral supports, individual counseling, and sensory lounges



OUR WORK



ACE "Academy for Continuing Education"

- Variety of educational groups
- Flexible schedule
- Subjects include: math, reading, music, self-help and more
- Socialization with peers



COMMUNITY-BASED SUPPORT

- Services at home and in the community
- · Assistance with attending an event or class, shopping and building daily living skills



ADVOCACY

- New American Movement for People with Disabilities
- Helping Hands self-advocacy group
- Youth advocacy
- Member-directed groups mobilize around issues that matter to them



- BEHAVIORAL MANAGEMENT
 BCBA-licensed behaviorists and licensed social workers
- Behavioral support plans built around needs and goals
- · Assistance with daily living skills, socialization, coping skills



OUR WORK



ASSISTIVE TECHNOLOGY

- Assistance to acquire AT tools
- Alternative and augmentative communication devices, smart home technology, voice controls
- Environmental/home modification assessments for people with disabilities



SPEECH THERAPY

- Licensed speech language pathologist (SLP) travels to meet for one-to-one support
- Assistance with speech, language and cognitive communication skills



YOUTH SERVICES

- Transitional Opportunities Program (TOP)
- Pathways to Academic and Career Exploration to Success (PACES)
- Transitional housing
- Youth shelter
- Independent living skills training
- Support to finish school and find work



OTHER CAU SERVICES

- Respite
- Financial Management
- Family Support Group



OUR IMPACT

43
Years creating a more accessible New Jersey

1,900

Members served in CAU programs for individuals with disabilities 276

Members living in the community at supported housing programs

426

Members direct their own services in the Personal Assistance Service Program 200+

Youth services members supported in transition to stable adulthood

682
Support Coordination members connected to services around New Jersey

200

Members have received assistive technology tools through CAU support 180

Adult and youth members supported in their career goals by employment services 98
Day Program and

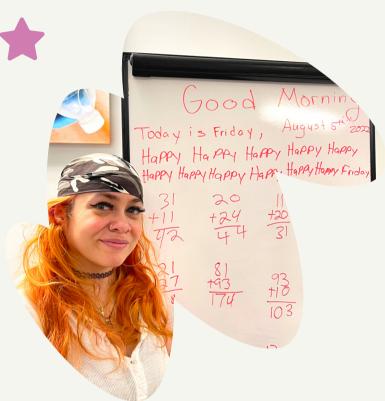
Academy of
Continuing
Education members

255

Members have help managing their finances with representative payee services



THROUGH THEIR EYES: MEMBER SPOTLIGHTS



CAU Day Program is a lively place when everyone gets involved in Berta's lessons. Berta attends the day program and is passionate about teaching and growing her skills. Every week she assists with math group and a Spanish lesson to help members learn new words and phrases.

Berta said she is happy to have made new friends at CAU and to be feeling strong and healthy after a recent illness. At her residential program she likes to do art projects and cook.

"I was a new student and I was a little shy but I'm great now," Berta said. "I'm a good teacher- I'm a Spanish teacher and I taught a lot of classes in my old school...I like to come to the program because I have my friend Miss Gloria. I want to be a teacher like her."

Lavar is known for his great taste in music and has been a residential program member for 10 years. He enjoys listening to Janet Jackson and Brian McKnight, watching action movies, and going to the park with his staff. Lavar recently started attending a new day program with one of his roommates and he's happy he made the change:

"They have computers for me to go on the internet and we go outside," he said. "We do arts and crafts and exercise and they have good lunches."

Lavar said he enjoys a tradition of going to Red Lobster on his birthday every year. Next up he is working on planning his first trip to Disney World with his staff, Tamara.



THROUGH THEIR EYES: MEMBER SPOTLIGHTS



Rachel is proud to be taking on more responsibilities with supported employment and prevocational training at Vaseful, where she helps prepare floral arrangements and assists customers in the flower shop. Her CAU support coordinator, Hailey, has helped Rachel and her mother, Susan, to learn about and register for services and activities in her area.

Thanks to Hailey, Rachel also found a love for weekly yoga classes, which she had never tried before. "Hailey has been great," Susan said. "She has been very helpful in showing interest in Rachel's goals and dreams and helping her try and connect with programs, both job related and recreational, that match her interests."

Rachel has also been working on her math skills to use a cash register. She said she is happy to be earning an income and has a goal of finding an office-based job in the future. "I feel proud and independent because I have my own money and I'm working for it, not having to rely on my parents," Rachel said.

Teamwork and motivation were key to supporting Brian's behavioral needs and helping him feel comfortable at home and out in the community. He has been working with his behaviorist, Carlamaria, for four years now and is enjoying learning new things with her and going to day program three days a week.

Brian moved to CAU housing after his parents passed away, and was very withdrawn at first. "Being moved took a lot of getting used to. He just wanted to stay in his room lights off," said his guardian and aunt, Susan. "Now he's like 100 times better. I really appreciate everything that CAU and Carla have done. It's a total change; he's like back to the person I knew growing up."

Carlamaria said Brian enjoys going for walks in the park, bowling, and going out to get French fries or dinner. At home he is learning to make his own sandwiches. "I'm so proud of him, Brian has come such a long way,"

Carlamaria said.



THROUGH THEIR EYES: MEMBER SPOTLIGHTS



Melissa keeps a busy schedule and is always looking for ways to grow her independence and knowledge. She enjoys her studies at the Academy of Continuing Education in math and reading, music, theater, and history, and likes getting to know new people through CAU.

"I think it's a great experience- I've made a lot of friends and it's good for socialization," Pearl said of ACE.

Pearl is also a member of the CAU Community Players and performed in The Wizard of Oz in June, where she experimented using a green screen for a scene in the virtual production. "I just enjoy acting and the socialization with my friends," she said about doing the show.

Next on Pearl's list is looking at independent housing options and finding an administrative job in the community.

Marie isn't letting anything stop her from finding success, and she enjoys trying new things along the way. With housing and support from CAU youth services, Marie was able to focus on earning her real estate license and getting a chef apprentice job in 2022. She is saving money to move into her own apartment and learning the business of real estate with the goal of selling her first house.

"I love learning new things, so it's a journey I'm willing to go down," she said. Marie also received the "Most Likely Achieve" award in youth services for her initiative in taking care of her responsibilities and pursuing new opportunities.

"If you ever need assistance you can ask, that's always been a good thing and they will try their best to help you," Marie said of the youth services team.



TEAMWORK MAKES IT POSSIBLE: THANK YOU TO OUR STAFF

Our talented staff create opportunities every day for CAU members to live, work and enjoy themselves as members of their community and reach new achievements. Thank you to everyone on our team who dedicates themselves to providing caring services and understanding the needs of our members. We appreciate everything you do!

CAU employees perform a variety of roles to benefit our members and community: from the day program staff who plan and run educational groups, to the representative payee staff who ensure members' bills are paid, the front desk reception staff who assist everyone who comes in the door looking for services, and everyone at departments in between, your combined contributions make CAU a place where people can find the comprehensive, impactful help they're looking for.

We value our Direct Support Professionals and youth support counselors and staff for the central role they serve as part of members' lives. You help them advocate for their needs to live their lives in the community to the fullest. DSPs also encourage integration to help others connect with individuals with disabilities, promoting acceptance and challenging prejudices. As the people who spend the most time with members, your input is essential to make our programs better. Thank you for bringing your unique skills, positive attitudes and commitment to work every day!





















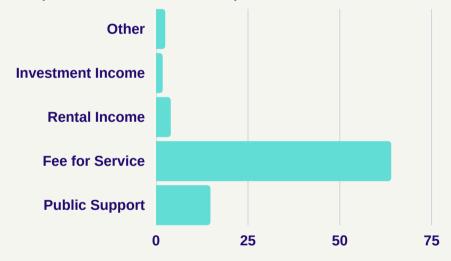


BY THE NUMBERS

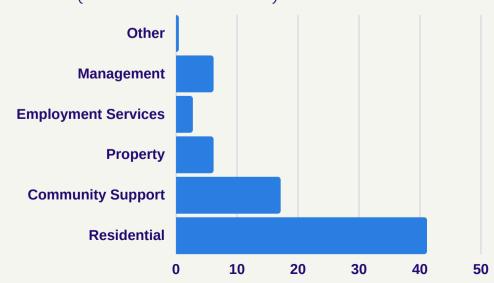
FINANCIAL GROWTH 1979-2021

	1979	1989	1999	2009	2019	2020	2021
Total Revenue	0.09	4.4	10.4	25.9	74.6	82.8	86.6
Total Assets	0	2.4	13.6	34.9	106.5	121.2	131.5
Equity	0	0.9	9.7	19.7	79.2	91.7	104.8

2021 REVENUE (AMOUNT IN MILLIONS)



2021 EXPENSES (AMOUNT IN MILLIONS)



OUR FUNDERS

Platinum Plus \$10,000+

BCB Community Bank
EJ Grassman Trust
Elizabeth Health Care
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Benefits Concepts

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CAU is able to support thousands of individuals and families thanks to our generous donors, volunteers, and the greater community.

When you support our agency, you contribute to the growth and success of our members.

Make a donation today at caunj.org, or by check made payable to:

Community Access Unlimited 80 W Grand Street Elizabeth, NJ 07202

CAU hosts fundraising events throughout the year to support our mission. Will you become a sponsor of the organization to help us reach our fundraising goals?

Contact CAU to learn more at info@caunj.org or 908-354-3040





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