the CAYou

Sponsored by the CAU RECREATION DEPARTMENT

November & December 2017

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COMMUNITY ACCESS UNLIMITED

THE cau ADVANTAGE

Get Involved In Your Community

HOLIDAY EXPRESS®

CAU Mission Statement

To provide community access through effective and comprehensive support services for people with disabilities, at-risk youth and people with affordable housing needs, giving them the opportunity to live independently and to lead normal and productive lives as citizens integrated into the community.

BIRTHDAYS!

Benjamin	Wintfeld	11/01
Lee	Bongiovi	11/03
Matthew	Stefanick	11/04
Barbara	Klatt	11/06
Maurice	Stephens	11/10
Learea	Heath	11/11
Valda	Branch	11/11
Denise	DeRoy	11/12
Ruth	Minerd	11/13
Katherine	Gillison	11/14
Lauren	Meltzer	11/14
Thomas	Calamito	11/14
Michael	Conrad	11/15
Anthony	Howard	11/15
Johnson	Phillipe	11/16
Claude	Robinson	11/16
Connie	Burdi	11/16
Hassan	Coleman	11/19
Dwayne	Smith	11/19
Sharon	Schappe	11/20
Kathy	Marcus	11/20
Quadirah	Thomas	11/21
Ronald	Radcliff	11/21
Timothy	McLorin	11/24
Frederick	Chung	11/24
John	Barker	11/24
Joy	Smith	11/24
Brian	Smith	11/26
Donna Sue	Crosby	11/26
Alton	Murphy	11/28
Robert	Ward	11/29
David	Ditrick	11/30
Zechariah	Pollack	12/01
Steven	Agolia	12/01
Niam	Kearny	12/02
Imrane	Benmguirida	12/04
Karen	Stevens	12/05
Kathleen	McGrath	12/06
Kardy	Goe	12/06
Charles	Jackson	12/06
Edwin	Lopez	12/08
Margaret	Carlos	12/09
Robert	Freese	12/09
Mariana	Acevedo	12/10
Deborah	Campbell	12/10
India	Rose	12/10
Pamela	Gilmore	12/11
Stephen	Drake	12/12
Christina	Witowsky	12/12
Christina	Menna	12/12
Raheem	Smith	12/12
Michele	Bartolucci	12/12
Rafael	Hernandez	12/15
Peter	Rusu	12/15
Maria	Giacobbe	12/16
Diane	Puma	12/17
Emmett	Smith	12/18
Michael	Roemisch	12/19
Daryl	Nelson	12/19
Tony	Brown	12/21
Eugene	Wohl	12/21
Louis	Averhoff	12/22
Scott	Cherewich	12/23
Mary	Behory	12/24
Carol	Petties	12/24
Christine	Figel	12/24
John	Drescher	12/26
Felicia	Cowan	12/27
Ashley	Lasanta	12/28
Bruce	Brown	12/28
Margaret	Laino	12/29
Christopher	Brown	12/30
Daniel	Sheppard	12/31
Joth	Ruch	12/31
Lesley	Dishuk	12/31
Arnold	Feldman	12/31

MEMBER'S SPOTLIGHT

Frank Barile

Frank is one of our TERRIFIC community members that attends many event with us each month! He is an outstanding singer and is a great BINGO player...he usually wins!! Frank's sister Ann is so supportive of CAU and she loves that her brother can join us each week for something new and exciting!

WHY IS RECREATION SO IMPORTANT?

- **EXERCISE** - Studies have shown that regular exercise can help prevent diseases, control your weight, increase strength, improve stamina, help you sleep better, and just make you feel better in general
- **RELAXATION-** Calm your mind, and you'll lower your blood pressure
- **GROUP PARTICIPATION -** Participating in any kind of group activity—a class, theatrical production, community league sport, or pick-up game, has all kinds of benefits. Group activities help you build your social skills and social networks.

EVENTS

Game Night & Dinner

Date: Thurs., November 9th & December 7th, 21st
Time: 6:00 PM - 8:00 PM
Location: 80 West Grand St. Elizabeth, NJ

Cost: $25—Single CAU Member
$30—CAU Member with Direct Care Supervision
$30—Single Community Member

Art Class with Antonio/Maurice

Date: Monday, November 6th & December 4th
Time: 6:00 PM - 7:30 PM
Location: 80 West Grand St. Elizabeth, NJ

Cost: $15 for all attendees

We will be creating Holiday Greeting Cards that you can give to your friends and family!! This one will be amazing!

Helping Hands

Date: Tuesday, November 7th & December 5th
Time: 6:00 PM - 8:00 PM
Location: 80 West Grand St. Elizabeth, NJ
Cost: First Meeting is Free; $2 per person after first meeting

Helping Hands is one of the oldest and strongest self-advocacy groups in the state of New Jersey. Advocates are involved in legislative updates, letter writing campaigns, accessibility and voting campaigns, "Meet the Candidates" events, attending local, state and national conferences, and conducing professional workshops. Meetings are held monthly and are open to all people with disabilities.

Top Golf w / Dinner

Top golf is the premier entertainment for golf games for all skill levels, up-scale food and drinks and great music.

Date: Thursday, November 30th & December 28th

Time: 6:00 PM - 8:00 PM

Location: 1013 U.S. RT 1 Edison, NJ

***Please Arrive to CAU by 5:30pm**

Cost: $60—Single CAU Member
$65—CAU Member with Direct Care Supervision
$65—Single Community Member

Bingo & Dinner

Date: November 3rd, 20th & December 1st, 12th

Time: 6:00 PM - 8:00pm PM

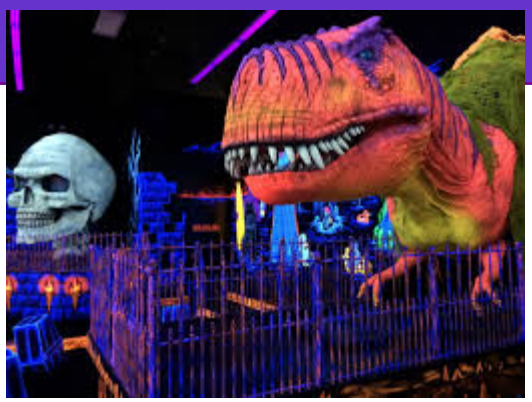
Location: 80 West Grand St. Elizabeth, NJ

***All members must arrive CAU Main Office at 5:30 PM**

Cost: $20—Single CAU Member
$25—CAU Member with Direct Care Super-vision/Single Community Member

WIN BIG! GIFT CARDS AS PRIZES!!!!!

Monster Mini Golf



Continue HALLOWEEN the day after! We will have a private room, pizza and drink, and $5 arcade card... ALL INCLUDED!!! Don't miss this!!

Date: Wednesday, November 1st

Time: 6-8pm

Location: 775 U.S. 1, Edison, NJ

***Please Arrive to CAU by 5:30pm**

Cost: $25—Single CAU Member
$30—CAU Member with Direct Care Supervision
$30—Single Community Member

Holiday Lights @ Turtle Back Zoo

Date: Saturday, November 25th & December 11th and 30th
Time: 5-7pm
Location: Turtle Back Zoo—West Orange, NJ
Cost: Complimentary

Admission to this spectacular light show at the Zoo is FREE for everyone attending! We just ask that you bring a canned good for each person attending to donate at the door!!

Bowling Night at Linden Lanes

Date: Tuesday, November 21st & December 19th
Time: 6:00 PM - 8:00 PM
Location: 714 North Stiles St., Linden or Open location
***Pick Up is at the CAU Main Office promptly at 5:30 PM**

Cost: $35—Single CAU Member
$40—CAU Member with Direct Care Supervision
$40—Single Community Member

Evening will include 2 hours of bowling time, shoe rental and treat from snack bar!!!

A Playhouse Christmas

Date: Saturday, November 18th
Time: 11:30am - 3:00PM
Location: Hunterdon County Playhouse
***Pick Up is at the CAU Main Office promptly at 11:00am**

An Original Song And Dance Festival

Cost: $80—Single CAU Member
$90—CAU Member with Direct Care Supervision
$90—Single Community Member

Don't MISS OUT on this VERY SPECIAL DINNER AND SHOW!!!

Clark Winter Festival

Date: Sunday, November 26th

Time: 3-6 PM

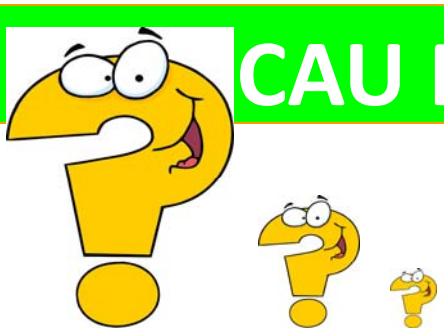
Location: Westfield Avenue, Clark NJ

***Please arrive to CAU by 2:30pm**

Cost: Complimentary Admission

Please arrange for Members to have spending money at the fair!!!

CAU PLAYERS REVEAL PARTY



Date: Monday, November 27th

Time: 6-8 PM

Location: 80 W. Grand - Elizabeth, NJ

Which MUSICAL will CAU be presenting in 2018???????? Come and find out! Also, we are always looking for new faces to join our 2018 show!!! Think about participating in the 2018 musical this year!! Pizza and subs will be served.

Cost: $20—Single CAU Member
$20—CAU Member with Direct Care Supervision
$20—Single Community Member

Open Swim @ YMCA

Date: Tuesday, November 18 & December 26

Time: 7-8pm

Location: Fanwood-Scotch Plains YMCA

***All members must arrive CAU Main Office at 6 pm**

Cost: COMPLIMENTARY TO ALL!

Save the Date!

Annual Gala Dinner Dance

Venue
Newark International Airport Marriott
1 Hotel Road, Newark, NJ 07114
Thursday, November 2, 2017
Evening Begins at 6:00pm

Join us for dancing, food, a silent auction & celebrations!
CAU Members & Staff - $85.00
Additional Guests - $135.00
Formal Attire Requested

For ticket or ad information contact, Cara Pavia,
908.354.3040 x4376 or cpavia@caunj.org

NYE PARTY!!!

Date: Sunday, December 31st
Time: 9pm-12:15am
Location: 80 W. Grand—Elizabeth, NJ

Cost: $35—Single CAU Member
$35—CAU Member with Direct Care Supervision
$35—Single Community Member

WOW!!!

Date: Sunday, November 12th

Time: 2-4pm *arrive at CAU @ 11am

Cost: $85

SURROUND RADIO CITY ... YOURSELF WITH CHRISTMAS ...

CHRISTMAS SPECTACULAR

STARRING The Rockettes

The Nutcracker
@ Kean University

Date: Sunday, December 3rd

Time: 2-5pm

$40

Medieval Times

Date: Friday, November 17th & December 15th

Time: 6:00 PM - 9:00 PM

Location: 149 Polito Ave. Lyndhurst, NJ

***All members must arrive CAU Main Office at 5:30 PM**

Cost: $65—Single CAU Member
$75—CAU Member with Direct Care Supervision
$75—Single Community Member

Includes 1 ticket with a meal

Karaoke Night

Date: Wednesday, November 8th & Friday, December 8th

Time: 6:00 PM - 8:00 PM

Location: 80 West Grand St, Elizabeth, NJ

***All members must arrive CAU Main Office at 5:30 PM**

Cost: $15—Single CAU Member
$18—CAU Member with Direct Care Supervision
$18—Single Community Member

Enjoy jamming to the greatest hits from the past and present! Served with Dinner!

Jingle Bell Spirit Cruise

Date: Saturday, December 2nd

Time: 12-2pm

Location: Weehawken Harbor, NJ

***All participants must meet at the CAU Main Office promptly at 10:30am**

Cost:
$100—Single CAU Member
$105—CAU Member with Direct Care Supervision
$105—Single Community Member

An UNFORGETTABLE lunch cruise around the NYC Harbor! Window seats GUARANTEED! LIMITED AVAILABILITY!!!!!!

Saturday Religious Services @ CAU Auditorium - 80 West Grand
All Faiths Welcome!
COMPLIMENTARY EVENT!
Lunch Included!!
Every Saturday - 11:00 am - 1:00pm

Community Access

Movie Matinees & Movie Night

Includes choice of movie, popcorn and a beverage at the theatre!

Event Date: Saturday, November 4th & December 9th(Matinee –Day Time)
Event Date: Monday, November 13th & December 18th(Night)
Event Time: Matinee 12 to 3:00 pm & Movie Night 6 to 9:00 pm
Event Cost: Single CAU Member—$40
CAU Member with Direct Care Supervision—$42
Single Community member—$42

Members must meet at the CAU Main Office promptly at 5:45 PM for Night Shows

Camden Aquarium

Date: Saturday, December 16th
Time: 11am-3pm
Location: Camden, NJ
***All participants must meet at the CAU Main Office promptly at 10am**

Cost:
$40—Single CAU Member
$45- CAU Member with Direct Care
$45—Single Community Member

Community Access

HOLIDAY EXPRESS®

Date: Thursday, November 16th

Time: 5:30-8 PM

Location: 80 W. Grand—Elizabeth, NJ

Cost: Complimentary

Annie

Date: Thursday, December 14th

Time: 6-9pm

Location: PaperMill Playhouse—West Orange, NJ

Cost: $45

FEAST WITH FRIENDS | NOVEMBER DINING EVENTS

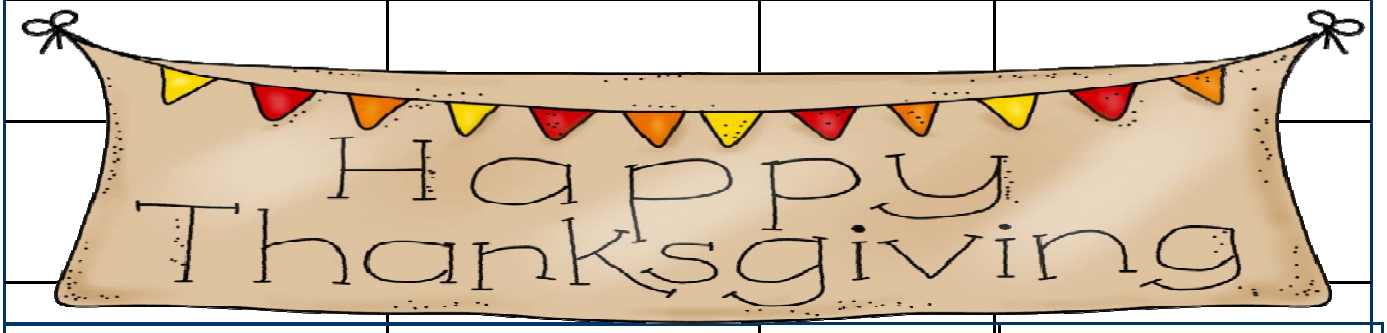
EVENT COST:

- Single CAU Member—$45
- CAU Member with Direct Care Supervision—$49
- Single Community Member—$49

FOR ALL DINING EVENTS:

- There are 12 spots available per event
- Members must meet at the CAU Main Office promptly 40 mins before to drive over to the restaurant.

Restaurant	Date	Time	Location
TGI Friday's	Friday, November 10th	6-8pm	400 South Park Ave, Linden
Cheesecake Factory	Wednesday, November 15th	6-8pm	Menlo Mall, Edison, NJ
Outback Steakhouse	Saturday, November 11th	12-3pm	Springfield, NJ
Olive Garden	Wednesday, November 22nd	6-8pm	Springfield, NJ
IHOP	Sunday, November 19th	12-3pm	465 North Broad St. Elizabeth
Red Lobster	Wednesday, November 29th	6-8pm	2520 Rte 22, Union, NJ



Applebee's | The Cheesecake Factory | chili's | Hard Rock Cafe | Planet Hollywood | Red Lobster | Ruby Tuesday | T.G.I. Friday's

FEAST WITH FRIENDS | DECEMBER DINING EVENTS

EVENT COST:

- Single CAU Member—$45
- CAU Member with Direct Care Supervision—$49
- Single Community Member—$49

FOR ALL DINING EVENTS:

- There are 12 spots available per event
- Members must meet at the CAU Main Office promptly 40 mins before to drive over to the restaurant

Restaurant	Date	Time	Location
Outback Steakhouse	Wednesday, December 20th	6-8pm	Springfield, NJ
Cheesecake Factory	Wednesday, December 13th	6-8pm	Menlo Mall, Edison, NJ

Happy Holidays!

All you can eat Buffet	Wednesday, December 6th	6-8pm	1701 W. Edgar Road, Linden NJ
Red Lobster	Wednesday, December 27th	6-8pm	2520 Rte 22, Union, NJ
Tropicana Diner	Sunday, December 10th	12-3pm	544 Morris Ave Elizabeth, NJ

November Recreation Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1) Monster Mini Golf	2) Gala	3) Bingo	4) Movie Matinee
5) Barn Dance	6) Art w/ Maurice	7) Helping Hands	8) Karaoke	9) Dinner & Game	10) TGIF	11) Steakhouse
12) Radio City	13) Movie Night	14) No Rec Events	15)	16)	17) Medieval Times	18) Playhouse
19)	20)	21) Bowling	22)	23) No Rec Events	24) Thanksgiving No Rec Events	25) Holiday Lights @ Zoo
26)Winter Festival	27) Reveal Party	28) Open Swim	29)	30) Dinner and Golf		

December Recreation Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1)	2) Lunch Cruise
3) Nutcracker	4) Art w/ Maurice	5) Helping Hands	6) Flaming Grill	7) Dinner & Game	8) Karaoke	9) Movie Matinee
10) Tropicana Diner	11) Holiday Lights @ Zoo	12) BINGO	13)	14)	15) Medieval Times	16) Aquarium
17) A Christmas Carol	18) Movie Night	19) Bowling	20) Steakhouse	21) Dinner & Game	22) No Rec Event	23) No Rec Event
24) No Rec Events	25) Christmas No Rec Events	26) Open Swim	27)	28) Dinner and Golf	29) No Rec Event	30/31 Holiday Lights @ Zoo / NYE PARTY

NOVEMBER RECREATION SIGN-UP WORKSHEET

Please return this form with payment to:

Community Access Unlimited 80 West Grand St., Elizabeth, NJ 07202

Date	Event/Class	Time	Single Member Cost	Cost with Direct Care	Community Member Cost	Total
11/1	Monster Mini Golf	6-8pm	$25.00	$30.00	$30.00	
11/2	CAU Gala—NO REC	N/A	N/A	N/A	N/A	
11/3	Bingo and Dinner	6-8pm	$20.00	$25.00	$25.00	
11/4	Movie Matinee	12-3pm	$40.00	$42.00	$42.00	
11/5	Barn Dance –Berkeley Heights	2-5pm	$15.00	$18.00	$18.00	
11/6	Art Class with Maurice	6-7:30pm	$15.00	$15.00	$15.00	
11/7	Helping Hands	6-8pm	$2.00	$2.00	$2.00	
11/8	Karaoke	6-8pm	$15.00	$18.00	$18.00	
11/9	Dinner and Game Night	6-8pm	$25.00	$30.00	$30.00	
11/10	T.G.I. Friday's	6-8pm	$45.00	$49.00	$49.00	
11/11	Outback Steakhouse	12-3pm	$45.00	$49.00	$49.00	
11/12	Radio City Christmas Show	2-5pm	$85.00	$90.00	$90.00	
11/13	Movie Night	6-9pm	$40.00	$42.00	$42.00	
11/14	NO REC EVENT	N/A	N/A	N/A	N/A	
11/15	Cheesecake Factory	6-8pm	$45.00	$49.00	$49.00	
11/16	Holiday Express	5:30– 8pm	Complimentary	Complimentary	Complimentary	
11/17	Medieval Times	6-9pm	$65.00	$75.00	$75.00	
11/18	Playhouse Christmas Dinner/Show	11-3pm	$80.00	$90.00	$90.00	
11/19	IHOP	12-3pm	$45.00	$49.00	$49.00	
11/20	Bingo and Dinner	6-8pm	$20.00	$25.00	$25.00	
11/21	Bowling Night	6-8pm	$35.00	$40.00	$40.00	
11/22	Olive Garden	6-8pm	$45.00	$49.00	$49.00	
11/23	NO REC EVENT	N/A	N/A	N/A	N/A	
11/24	NO REC EVENT	N/A	N/A	N/A	N/A	
11/25	Holiday Lights @ Turtleback Zoo	5-7pm	Complimentary	Complimentary	Complimentary	
11/26	Clark Winter Festival	3-6pm	Complimentary	Complimentary	Complimentary	
11/27	CAU Players REVEAL PARTY	6-8pm	$20.00	$20.00	$20.00	
11/28	Open Swim @ YMCA	7-8pm	Complimentary	Complimentary	Complimentary	
11/29	Red Lobster	6-8pm	$45.00	$49.00	$49.00	
11/30	Golf and Dinner	6-8pm	$60.00	$65.00	$65.00	-

Name: _____ Today's Date: _____

Address: _____ CAU Program:_____ Accessibility?:___

City/State/Zip: _____

Phone Number: _____ Email: _____

Payment Details (check one): □ Check# _____ □ Money Order □ Cash

Please make checks and Money Orders to Community Access Unlimited and include the following: Name of Event/Class, Date of Event/Class

DECEMBER RECREATION SIGN-UP WORKSHEET

Please return this form with payment to:

Community Access Unlimited 80 West Grand St., Elizabeth, NJ 07202

Date	Event/Class	Time	Single Member Cost	Cost with Direct Care	Community Member Cost	Total
12/1	Bingo and Dinner	6-8pm	$20.00	$25.00	$25.00	
12/2	Jingle Bell Cruise	11-2pm	$100.00	$105.00	$105.00	
12/3	Nutcracker	3-6pm	$40.00	$45.00	$45.00	
12/4	Art Class with Maurice	6-7:30pm	$15.00	$15.00	$15.00	
12/5	Helping Hands	6-8pm	$2.00	$2.00	$2.00	
12/6	All you can eat Buffet	6-8pm	$45.00	$49.00	$49.00	
12/7	Dinner and Game Night	6-8pm	$25.00	$30.00	$30.00	
12/8	Karaoke Night	6-8pm	$15.00	$18.00	$18.00	
12/9	Movie Matinee	12-3pm	$40.00	$42.00	$42.00	
12/10	Tropicana Diner	12-3pm	$45.00	$49.00	$49.00	
12/11	Holiday Lights @ Turtleback Zoo	5-7pm	Complimentary	Complimentary	Complimentary	
12/12	Bingo and Dinner	6-8pm	$20.00	$25.00	$25.00	
12/13	Cheesecake Factory	6-8pm	$45.00	$49.00	$49.00	
12/14	Annie	6-9pm	$45.00	$50.00	$50.00	
12/15	Medieval Times	6-9pm	$65.00	$75.00	$75.00	
12/16	Camden Aquarium	11-3pm	$40.00	$45.00	$45.00	
12/17	A Christmas Carol	12-3pm	$20.00	$25.00	$25.00	
12/18	Movie Night	6-9pm	$40.00	$42.00	$42.00	
12/19	Bowling Night	6-8pm	$35.00	$40.00	$40.00	
12/20	Outback Steakhouse	6-8pm	$45.00	$49.00	$49.00	
12/21	Dinner and Game Night	6-8pm	$25.00	$30.00	$30.00	
12/22	NO REC EVENT	N/A	N/A	N/A	N/A	
12/23	NO REC EVENT	N/A	N/A	N/A	N/A	
12/24	NO REC EVENT	N/A	N/A	N/A	N/A	
12/25	NO REC EVENT	N/A	N/A	N/A	N/A	
12/26	Open Swim @ YMCA	7-8pm	Complimentary	Complimentary	Complimentary	
12/27	Red Lobster	6-8pm	$45.00	$49.00	$49.00	
12/28	Golf and Dinner	6-8pm	$60.00	$65.00	$65.00	
12/29	NO REC EVENT	N/A	N/A	N/A	N/A	
12/30	Holiday Lights @ Turtleback Zoo	5-7pm	Complimentary	Complimentary	Complimentary	
12/31	NYE Party	9-12am	$35.00	$35.00	$35.00	

Name: _____ Today's Date: _____

Address: _____ CAU Program: _____ Accessibility?:___

City/State/Zip: _____

Phone Number: _____ Email: _____

Payment Details (check one): ☐ Check# _____ ☐ Money Order ☐ Cash

Please make checks and Money Orders to Community Access Unlimited and include the following: Name of Event/Class, Date of Event/Class

CAU Recreation Guidelines

Sign Up to participate in a Recreation Event—it's as easy as 1, 2, 3!

1 Choose events that interest you and contact the Director of Community Integrations to check availability: Gregory Rybeck at 908-354-3040 x4205; grybeck@caunj.org

2

For CAU Members:
Contact your counselor or Program Assistant Director to complete registration for events you're interested in attending.

For Community Members
Contact Gregory Rybeck (above) to reserve your spot for your favorite recreation event

3 All participants must complete the Monthly Recreation Sign-Up Worksheet (included on page 17-18) and return with payment to:
Community Access Unlimited
Attn: Recreation Department
80 West Grand St. Elizabeth, NJ 07202

Additional Information

- For events that require advance purchase of tickets or passes, payment for the event will be asked for upfront.
- Space is limited for each event, so a reservation is required
- If you are unable to attend a class or event you have signed up for, notify the Director of Community Integration at 908-354-3040 x4205 within 10 business days advance in order to receive a refund or credit. If the Recreation Department is NOT notified, no refund or credit will be provided. No refunds or credits may be given for events with pre-purchased tickets.
- Members who are not CAU Members will be charged an additional fee for attending Recreation events as outlined on the Worksheet. If you are interested in becoming a CAU Recreational Member, contact us. The fee is $300/year and ensures the member price for all events.

80 West Grand Street
Elizabeth, NJ 07202
Phone: 908-354-3040 TTY/TTD: 908-354-4629
Fax: 908-354-2665 www.caunj.org

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ORGANIZATION
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