the CAYou

Sponsored by the CAU RECREATION DEPARTMENT

March & April 2018

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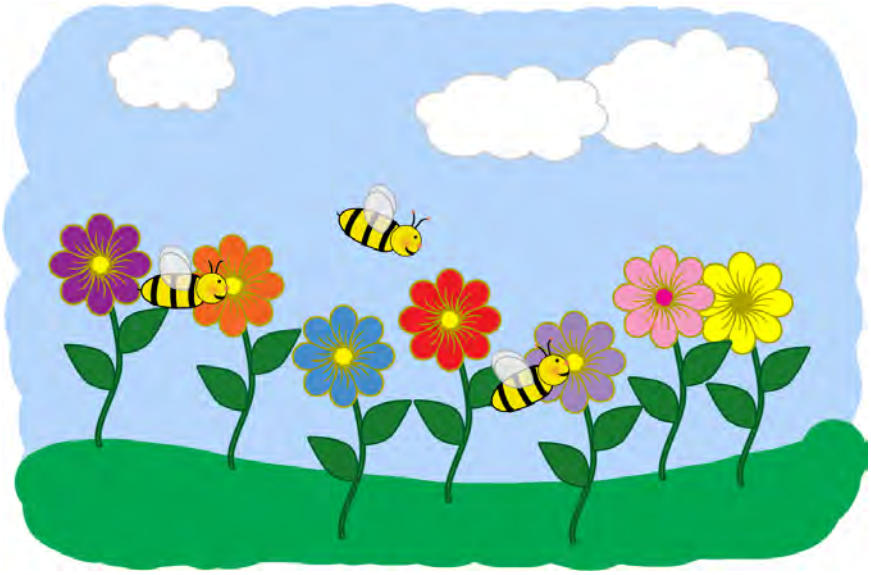
COMMUNITY ACCESS UNLIMITED

THE cau ADVANTAGE

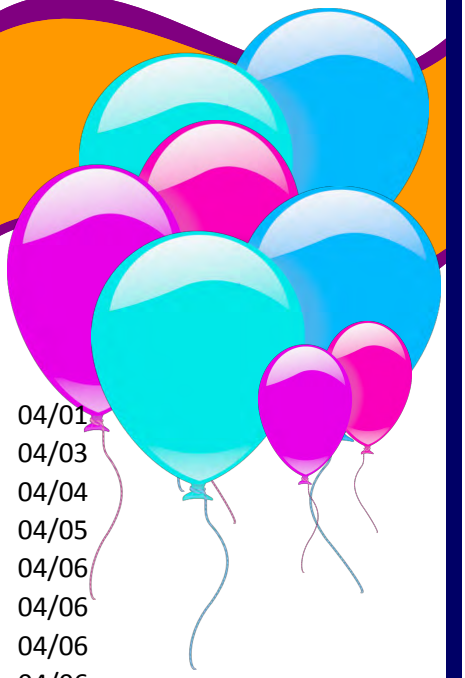
Get Involved In Your Community



CAU Mission Statement

To provide community access through effective and comprehensive support services for people with disabilities, at-risk youth and people with affordable housing needs, giving them the opportunity to live independently and to lead normal and productive lives as citizens integrated into the community.

BIRTHDAYS!



Dashonda	White	03/08
Adelaide	Daskam	03/10
Wendy	Smith	03/10
John	Dowd	03/11
Nicole	Nagel	03/12
John	Hargrove	03/13
Sequnda	Seymour	03/17
Jacob	Royandoyan	03/18
Tucker	McGowan	03/18
Rosalie	Piccolo	03/19
Kelly	Smith	03/19
Sandra	Feldman	03/19
Gregory	Smith	03/20
Peter	Rudnick	03/20
Dianna	Simms	03/21
William	VanGinkel	03/23
Catherine	Sala	03/24
Deborah	Wooten	03/24
Preston	Adams	03/24
Joan	Favia	03/25
Michael	Condoleo	03/26
Diana	Herrera	03/26
Karlos	Razuri	03/27
Anthony	Hodge	03/27
Kevin	Angelini	03/28
Beverly	Williams	03/28
Joseph	Powers	03/28
Jeriene	Peeden	03/30
Tyler	Oneill	03/31
Keith	Louis	03/31

John	Tighe	04/01
David	Parish	04/03
John	Wilson	04/04
Barbara	Cornelius	04/05
Cyrone James	Edmond	04/06
Simon	Martins	04/06
Joshua	Alves	04/06
Stephen	Soares	04/06
Jennifer	Brown	04/07
Chris	MacMahon	04/07
Patricia	Delaney	04/08
George	Cluen	04/08
Lawrence	Marcus	04/10
Danielle	Dalley	04/11
David	Howland	04/11
Larry	Moten	04/11
Ramona	Young	04/14
Sally	Stagg	04/14
April	Verducci	04/15
Sharon	Bravo	04/17
Tonya	Hopson	04/18
Zachary	Prefach	04/19
Priscilla	Hall	04/19
Latroya	Baucum	04/20
Paul	Lee	04/20
Darroll	Booth	04/20
Jacqueline	Simpson	04/22
Aidan	Dolan	04/22
Cynthia	Medcraft	04/23
Luis	Ortiz	04/24
Jillisa	Smith	04/24
Dennis	Rodriguez	04/24
Camille	Castellane	04/26
Joanne	Nevola	04/27
Christian	Gonzalez	04/29
Sebastian	Ruiz	04/29
Barbara	Pinksaw	04/30
Marion	Wade	04/30

MEMBER'S SPOTLIGHT

Corey McClain

Corey and his Mom are huge supporters of CAU Recreation! Corey loves to sign up for our sporting events including bowling, Top Golf, and Monster Mini Golf! He has made many friends over the years and is wonderful to work with! We look forward to seeing if Corey can top some his best scores this spring at upcoming events!! Good Luck Corey, and THANK YOU!!!!

WHY IS RECREATION SO IMPORTANT?

- **EXERCISE** - **Studies have shown that regular exercise can help prevent diseases, control your weight, increase strength, improve stamina, help you sleep better, and just make you feel better in general**
- **RELAXATION- Calm your mind, and you'll lower your blood pressure**
- **GROUP PARTICIPATION - Participating in any kind of group activity—a class, theatrical production, community league sport, or pick-up game, has all kinds of benefits. Group activities help you build your social skills and social networks.**

EVENTS

Game Night & Dinner

Date: Tuesday, March 27th & April 24th
Time: 6:00 PM - 8:00 PM
Location: 80 West Grand St. Elizabeth, NJ

Cost: $25—Single CAU Member
$30—CAU Member with Direct Care Supervision
$30—Single Community Member

Try out our new GIANT Connect Four, GIANT Jenga, NOK Hockey and SHUFFLE BOARD!!!

Friday the 13th Movie!

Date: Friday, April 13th
Time: 8:30—10pm
Location: Union County Performing Arts ...ay

Cost: $10

Helping Hands

Date: Tuesday, March 6th and April 3rd
Time: 6:00 PM - 8:00 PM
Location: 80 West Grand St. Elizabeth, NJ
Cost: First Meeting is Free; $2 per person after first meeting

Helping Hands is one of the oldest and strongest self-advocacy groups in the state of New Jersey. Advocates are involved in legislative updates, letter writing campaigns, accessibility and voting campaigns, "Meet the Candidates" events, attending local, state and national conferences, and conducing professional workshops. Meetings are held monthly and are open to all people with disabilities.

Top Golf w / Dinner

Date: Thurs., March 22nd & April 26

Time: 6:00 PM - 8:00 PM

Location: 1013 U.S. RT 1 Edison, NJ

***Please Arrive to CAU by 5:30pm**

Cost: $60—Single CAU Member

$65—CAU Member with Direct Care Supervision

$65—Single Community Member

Top golf is the premier entertainment for golf games for all skill levels, upscale food and drinks and great music.

Bingo & Dinner

Date: March 2nd , 19th & April 6th, 23rd

Time: 6:00 PM - 8:00pm PM

Location: 80 West Grand St. Elizabeth, NJ

***All members must arrive CAU Main Office at 5:30 PM**

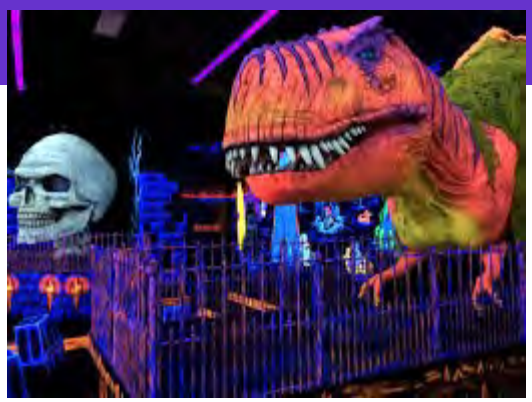
Cost: $20—Single CAU Member

$25—CAU Member with Direct Care Supervision/Single Community Member

$25—Single Community Member

WIN BIG! GIFT CARDS AS PRIZES!!!!!

Monster Mini Golf



Date: Thursday, April 19th

Time: 6-8pm

Location: 775 U.S. 1, Edison, NJ

***Please Arrive to CAU by 5:30pm**

Cost: $25—Single CAU Member

$30—CAU Member with Direct Care Supervision

$30—Single Community Member

We will have a private room, pizza and drink, and $5 arcade card...
ALL INCLUDED!!! Don't miss this!!

Marvel Universe LIVE!

Date: Friday, March 16th
Time: 7-10pm
Location: Prudential Center– Newark, NJ
Cost: $45

Marvel fans, assemble for this live, action-packed, legendary battle to defend the universe from evil. Spider-Man, the Avengers and the Guardians of the Galaxy join forces with Doctor Strange, master of the mystic arts, in a race against time to recover the Wand of Watoomb before it falls into Loki's hands.

Bowling Night at Jersey Lanes

Date: Tuesday, March 13th & April 17th
Time: 6:00 PM - 8:00 PM
Location: Jersey Lanes—Linden, NJ or other Open location
***Pick Up is at the CAU Main Office promptly at 5:30 PM**

Cost: $35—Single CAU Member
$40—CAU Member with Direct Care Supervision
$40—Single Community Member

Evening will include 2 hours of bowling time, shoe rental and treat from snack bar!!!

Lace Up Warinanco

Date: Saturday, March 10th
Time: 1:45pm—3:45pm
Location: Warinanco Park—Elizabeth, NJ
Cost: Complimentary (Free!)

Free ice skating session will be held. Skate guards are on duty throughout the events. Skate-walkers are available for those needing assistance. Food and beverages are provided!!!

Rainforest Cafe

Date: Wednesday, April 4th

Time: 6-8pm PM

Location: Menlo Park Mall—Edison, NJ

***Please arrive to CAU by 5:30 pm**

Cost: $45

NEW!

Try out this amazing dining experience in an actual RAINFOREST!!! This is SOOOO fun!

Devils Game

Date: Thursday, April 5th

Time: 7-10 PM

Location: Prudential Center –Newark, NJ

Cost: $60—Single CAU Member
$65—CAU Member with Direct Care Supervision
$65—Single Community Member

Open Swim @ YMCA

Date: Tuesday, March 20th

Time: 7-8pm

Location: Fanwood-Scotch Plains YMCA

***All members must arrive CAU Main Office at 6 pm**

Cost: COMPLIMENTARY TO ALL (FREE!!)

FAITH INTO ACTION

Are you a Union County citizen searching for a faith community within which to worship?
Perhaps we have what you are looking for!

This is an opportunity for you to meet representatives from a variety of houses of worship within Union county, and learn what they are all about!

Please join us as clergy and congregation members from all different faiths meet and welcome members of the community.

The **Union County Interfaith Coordinating Council** invites you to an interfaith reception on:
Thursday, March 8, 2018, 5:00 pm - 8:00 pm
Suburban Golf Club, 1730 Morris Avenue, Union, NJ

Will you Join us?
Please contact us at:

Union County Interfaith Coordinating Council
c/o Community Access Unlimited
80 West Grand Street, Elizabeth, NJ 07202
Phone: (908) 354-3040 x4371-Email: UCInterfaith@caunj.org

NBA Brooklyn Nets vs. 76ers

Date: Sunday, March 11th
Time: 7:30pm-10pm
Location: Barclays Center—Brooklyn, NY

Cost: $45—Single CAU Member
$55—CAU Member with Direct Care Supervision
$55—Single Community Member

Private Suite!

All proceeds benefit the upcoming CAU Community Player Theatre Production of Annie Jr. coming to stage in June 2018!

Join us for this
Unique Experience

LASER SHOW
MARCH - 15 - 2018

presented by

PRISMATIC MAGIC
Laser Programs

Show Time: 7:00 PM
Doors Open at 6 PM

At the CAU Auditorium
80 West Grand St. Elizabeth, NJ

Tickets: $10 Each

Tickets may be purchased in advanced
Through the Recreation Calendar
Contact Greg Rybeck with questions!

Medieval Times

Date: Friday, April 20th
Time: 6:00 PM - 9:00 PM
Location: 149 Polito Ave. Lyndhurst, NJ
***All members must arrive CAU Main Office at 5:30 PM**

Cost: $65—Single CAU Member
$75—CAU Member with Direct Care Supervision
$75—Single Community Member

Includes 1 ticket with a meal

Karaoke Night

Date: Monday, March 5th &Tuesday, April 10th
Time: 6:00 PM - 8:00 PM
Location: 80 West Grand St, Elizabeth, NJ
***All members must arrive CAU Main Office at 5:30 PM**

Cost: $15—Single CAU Member
$18—CAU Member with Direct Care Supervision
$18—Single Community Member

Enjoy jamming to the greatest hits from the past and present! Served with Dinner!

Dave and Busters

Date: Monday, April 16th & April 30th
Time: Sat. 12-3pm and Tuesday 6-8pm
Location: Woodbridge, NJ
***All participants must meet at the CAU Main Office promptly at 11:30am and 5:30pm respectively**
Cost:
$45—Single CAU Member
$49—CAU Member with Direct Care Supervision
$49—Single Community Member

Six Flags Great Adventure

Date: Sunday, April 22nd

Time: 12-5pm

Location: Jackson, NJ

Cost: $65—Single CAU Member
$70—CAU Member with Direct Care Supervision
$70—Single Community Member

SAVE THE DATE

Community Access Unlimited

AWARDS NIGHT CELEBRATION

As we recognize CAU members, staff and leaders in our community on their extraordinary accomplishments!

THURSDAY, APRIL 12, 2018
CAU AUDITORIUM
80 West Grand St.
Elizabeth, NJ 07202

6:00 PM
COCKTAIL RECEPTION

7:00 PM
AWARDS CEREMONY

Community Access

Movie Matinees & Movie Night

Includes choice of movie, popcorn and a beverage at the theatre!

Event Date: Sunday, March 18th & April 29th (Matinee –Day Time)
Event Date: Monday, April 9th (Night)
Event Time: Matinee 12 to 3:00 pm & Movie Night 6 to 9:00 pm
Event Cost: Single CAU Member—$40
CAU Member with Direct Care Supervision—$42
Single Community member—$42

Members must meet at the CAU Main Office promptly at 5:45 PM for Night Shows

Sahara Sam's Indoor Water Park & Diggerland!

Date: Friday, March 9th—Sahara Sam's
Friday, April 27th—Diggerland

Time: 6-9pm

Location: West Berlin, NJ

***All participants must meet at the CAU Main Office promptly at 4:30pm**

Cost:
$45—Single CAU Member
$50 CAU Member with Direct Care
$55—Single Community Member

**This is a SPECIAL EVENT where the entire park will be rented for individuals with special needs! The ticket sales were limited to prevent crowding! Sponsored by Special Needs Safety Education

Community Access

Dinner *and a* Show

Photo courtesy of njio.org

A feast for all your senses! Join us for dinner and a performance by the New Jersey Intergenerational Orchestra

Music by:

NJIO
NEW JERSEY INTERGENERATIONAL ORCHESTRA

Saturday, April 28

6:00 PM - CAU Auditorium
80 West Grand St. Elizabeth
Tickets: $10 each

Reserve your Seats! *By visiting the Recreation Calendar or contacting Greg Rybeck at 908-354-3040 x4205 or grbyeck@caunj.org*

Easter and Passover Celebration and Dinner
Date: Thursday, March 29th
Time: 6-8pm
Location: 80 W. Grand Auditorium—Elizabeth, NJ

Cost: Complimentary (Free!)

FEAST WITH FRIENDS | March DINING EVENTS

EVENT COST:

- Single CAU Member—$45
- CAU Member with Direct Care Supervision—$49
- Single Community Member—$49

FOR ALL DINING EVENTS:

- There are 12 spots available per event
- Members must meet at the CAU Main Office promptly 40 mins before to drive over to the restaurant.

Restaurant	Date	Time	Location
TGI Friday's	Friday, March 23rd	6-8pm	400 South Park Ave, Linden
Cheesecake Factory	Wednesday, March 14th	6-8pm	Menlo Mall, Edison, NJ
Outback Steakhouse	Wednesday, March 21	6-8pm	Springfield, NJ
Olive Garden	Wednesday, March 7th	6-8pm	Springfield, NJ
IHOP	Sunday, March 4th	12-3pm	465 North Broad St. Elizabeth
Tropicana Diner	Sunday, March 25th	12-3pm	544 Morris Ave Elizabeth, NJ
Benihana	Monday, March 12	6-8pm	Short Hills, NJ
All You Can Eat Buffet	Monday, March 26	6-8pm	Linden, NJ
Red Lobster	Wednesday, January 31st	6-8pm	2520 Rte 22, Union, NJ

Applebee's · The Cheesecake Factory · chili's · Hard Rock Cafe · Planet Hollywood · Red Lobster · Ruby Tuesday · T.G.I. Friday's

FEAST WITH FRIENDS | April DINING EVENTS

EVENT COST:

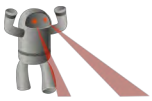
- Single CAU Member—$45
- CAU Member with Direct Care Supervision—$49
- Single Community Member—$49

FOR ALL DINING EVENTS:

- There are 12 spots available per event
- Members must meet at the CAU Main Office promptly 40 mins before to drive over to the restaurant

Restaurant	Date	Time	Location
Outback Steakhouse	Sunday, April 8th	12-3pm	Springfield, NJ
IHOP	Sunday, April 15th	12-3pm	465 North Broad St. Elizabeth
Benihana	Wednesday, April 11th	6-8pm	Edison, NJ
Rainforest Cafe	Wed—April 4th	6-8pm	Menlo Park Mall
Cheesecake Factory	Wednesday, April 18th	6-8pm	Menlo Mall, Edison, NJ
Red Lobster	Wednesday, April 25th	6-8pm	2520 Rte 22, Union, NJ

March Recreation Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1) NO REC	2)	3)
4)	5)	6)	7)	8)	9) Sahara Sam's	10)
11)	12)	13)	14)	15) LASER SHOW 	16)	17)
18)	19)	20) FREE SWIM	21)	22) TOP GOLF	23)	24)
25) Tropicana	26)	27)	28)	29) Easter/ Passover Dinner	30) NO REC	31) NO REC

April Recreation Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1) EASTER	2) NO REC	3)	4)	5)	6)	7)
8)	9) Movie Night	10)	11)	12) Awards Night	13)	14)
15)	16)	17)	18)	19)	20)	21)
22)	23)	24)	25)	26) TOP GOLF	27) DIGGERLAND	28) Music and Dinner
29)	30)					

MARCH 2018 RECREATION SIGN-UP WORKSHEET

Please return this form with payment to:

Community Access Unlimited 80 West Grand St., Elizabeth, NJ 07202

Date	Event/Class	Time	Single Member Cost	Cost with Direct Care	Community Member Cost	Total
3/1	NO REC	n/a	n/a	n/a	n/a	
3/2	Bingo and Dinner	6-8pm	$20.00	$25.00	$25.00	
3/3	Religious Services @ CAU	11-1pm	Complimentary	Complimentary	Complimentary	
3/4	IHOP	12-3pm	$45.00	$49.00	$49.00	
3/5	Karaoke Night	6-8pm	$15.00	$18.00	$18.00	
3/6	Helping Hands	6-8pm	$2.00	$2.00	$2.00	
3/7	Olive Garden	6-8pm	$45.00	$49.00	$49.00	
3/8	Faith into Action	5-8pm	Complimentary	Complimentary	Complimentary	
3/9	Sahara Sam's	6-9pm	$45.00	$49.00	$49.00	
3/10	Ice Skate Warinanco Park	2-4pm	Complimentary	Complimentary	Complimentary	
3/11	Nets vs. 76ers Private Suite	7-10pm	$45.00	$55.00	$55.00	
3/12	Benihana	6-8pm	$45.00	$49.00	$49.00	
3/13	Bowling Night	6-8pm	$35.00	$40.00	$40.00	
3/14	Cheesecake Factory	6-8pm	$45.00	$49.00	$49.00	
3/15	Laser Show	6-8pm	$10.00	$10.00	$10.00	
3/16	Marvel Superhero Show	3-5pm	$45.00	$49.00	$49.00	
3/17	Religious Services @ CAU	11-1pm	Complimentary	Complimentary	Complimentary	
3/18	Movie Matinee	12-3pm	$40.00	$42.00	$42.00	
3/19	Bingo and Dinner	6-8pm	$20.00	$25.00	$25.00	
3/20	Open Swim @ YMCA	7-8pm	Complimentary	Complimentary	Complimentary	
3/21	Outback Steakhouse	6-8pm	$45.00	$49.00	$49.00	
3/22	Top Golf	6-8pm	$60.00	$65.00	$65.00	
3/23	TGI Friday's	6-8pm	$45.00	$49.00	$49.00	
3/24	Religious Services @ CAU	11-1pm	Complimentary	Complimentary	Complimentary	
3/25	Tropicana Diner	12-3pm	$45.00	$49.00	$49.00	
3/26	All You Can Eat Buffet	12-3pm	$45.00	$49.00	$49.00	
3/27	Game Night	6-8pm	$25.00	$30.00	$30.00	
3/28	Red Lobster	6-8pm	$45.00	$49.00	$49.00	
3/29	Easter & Passover Dinner	6-8pm	Complimentary	Complimentary	Complimentary	

Name: _____ Today's Date: _____

Address: _____ CAU Program:_____ Accessibility?:___

City/State/Zip: _____

Phone Number: _____ Email: _____

Payment Details (check one): □ Check# _____ □ Money Order □ Cash

Please make checks and Money Orders to Community Access Unlimited and include the following: Name of Event/Class, Date of Event/Class

APRIL 2018 RECREATION SIGN-UP WORKSHEET

Please return this form with payment to:

Community Access Unlimited 80 West Grand St., Elizabeth, NJ 07202

Date	Event/Class	Time	Single Member Cost	Cost with Direct Care	Community Member Cost	Total
4/1	EASTER—No Rec	n/a	n/a	n/a	n/a	
4/2	No Rec	n/a	n/a	n/a	n/a	
4/3	Helping Hands	6-8pm	$2.00	$2.00	$2.00	
4/4	Rainforest Cafe	6-8pm	$45.00	$49.00	$49.00	
4/5	NJ Devils Game	7-10pm	$60.00	$65.00	$65.00	
4/6	Bingo and Dinner	6-8pm	$20.00	$25.00	$25.00	
4/7	Religious Services @ CAU	11-1pm	Complimentary	Complimentary	Complimentary	
4/8	Outback Steakhouse	12-3pm	$45.00	$49.00	$49.00	
4/9	Movie Night	6-9pm	$40.00	$42.00	$42.00	
4/10	Karaoke Night	6-8pm	$15.00	$18.00	$18.00	
4/11	Benihana	6-8pm	$45.00	$49.00	$49.00	
4/12	Awards Night	6-9pm	Invitation	Invitation	Invitation	
4/13	Friday the 13th Movie	8-10pm	$10.00	$15.00	$15.00	
4/14	Religious Services @ CAU	11-1pm	Complimentary	Complimentary	Complimentary	
4/15	IHOP	12-3pm	$45.00	$49.00	$49.00	
4/16	Dave and Busters	6-8pm	$45.00	$49.00	$49.00	
4/17	Bowling Night	6-8pm	$35.00	$40.00	$40.00	
4/18	Cheesecake Factory	6-8pm	$45.00	$49.00	$49.00	
4/19	Monster Mini Golf	6-8pm	$25.00	$30.00	$30.00	
4/20	Medieval Times	6-9pm	$65.00	$75.00	$75.00	
4/21	Religious Services @ CAU	11-1pm	Complimentary	Complimentary	Complimentary	
4/22	Six Flags Great Adventure	12-5pm	$65.00	$70.00	$70.00	
4/23	Bingo and Dinner	6-8pm	$20.00	$25.00	$25.00	
4/24	Game Night	6-8pm	$25.00	$30.00	$30.00	
4/25	Red Lobster	6-8pm	$45.00	$49.00	$49.00	
4/26	Top Golf	6-8pm	$60.00	$65.00	$65.00	
4/27	Diggerland USA	6-9pm	$45.00	$49.00	$49.00	
4/28	NJIO Dinner and Concert	6-8pm	$10.00	$15.00	$15.00	
4/29	Movie Matinee	12-3pm	$40.00	$42.00	$42.00	
4/30	Dave and Busters	6-8pm	$45.00	$49.00	$49.00	

Name: _____ Today's Date: _____

Address: _____ CAU Program: _____ Accessibility?:___

City/State/Zip: _____

Phone Number: _____ Email: _____

Payment Details (check one): ☐ Check# _____ ☐ Money Order ☐ Cash

Please make checks and Money Orders to Community Access Unlimited and include the following: Name of Event/Class, Date of Event/Class

CAU Recreation Guidelines

Sign Up to participate in a Recreation Event—it's as easy as 1, 2, 3!

1 Choose events that interest you and contact the Director of Community Integrations to check availability: Gregory Rybeck at 908-354-3040 x4205; grybeck@caunj.org

2

For CAU Members:
Contact your counselor or Program Assistant Director to complete registration for events you're interested in attending.

For Community Members
Contact Gregory Rybeck (above) to reserve your spot for your favorite recreation event

3 All participants must complete the Monthly Recreation Sign-Up Worksheet (included on page 17-18) and return with payment to:
Community Access Unlimited
Attn: Recreation Department
80 West Grand St. Elizabeth, NJ 07202

Additional Information

- For events that require advance purchase of tickets or passes, payment for the event will be asked for upfront.
- Space is limited for each event, so a reservation is required
- If you are unable to attend a class or event you have signed up for, notify the Director of Community Integration at 908-354-3040 x4205 within 10 business days advance in order to receive a refund or credit. If the Recreation Department is NOT notified, no refund or credit will be provided. No refunds or credits may be given for events with pre-purchased tickets.
- Members who are not CAU Members will be charged an additional fee for attending Recreation events as outlined on the Worksheet. If you are interested in becoming a CAU Recreational Member, contact us. The fee is $300/year and ensures the member price for all events.

COMMUNITY ACCESS
UNLIMITED

80 West Grand Street
Elizabeth, NJ 07202
Phone: 908-354-3040 TTY/TTD: 908-354-4629
Fax: 908-354-2665 www.caunj.org

NON-PROFIT
ORGANIZATION
U.S. POSTAGE PAID
PERMIT 225
Elizabeth, NJ

Saturday Religious Services -CAU Auditorium
80 West Grand
All Faiths Welcome!
COMPLIMENTARY EVENT!
Every Saturday - 11:00 am - 1:00pm