the CAYou

Sponsored by the CAU RECREATION DEPARTMENT

July & August 2018

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COMMUNITY ACCESS UNLIMITED

THE cau ADVANTAGE

Get Involved In Your Community

CAU Mission Statement

To provide community access through effective and comprehensive support services for people with disabilities, at-risk youth and people with affordable housing needs, giving them the opportunity to live independently and to lead normal and productive lives as citizens integrated into the community.

BIRTHDAYS!

Albert	Riedinger	07/03
Kimberly	Imhoff	07/04
Mildred	Alexander	07/04
Frank	Barile	
Pearl	Elias	07/04
John	Ryan	07/05
Awais	Khan	07/05
Johnny	Blount	07/06
Gregory	Felzenberg	07/07
Thomas	Findeis	07/08
Reginald	Payne	07/09
Belinda	Malave	07/10
Diane	Savage	07/10
John-Brian	Bonner	07/11
David	Reed	07/12
Hasan	Farooqui	07/13
Edward	Matthews	07/14
Lawson	Gilder	07/17
Jameel	Strong	07/17
Russell	Goodrum	07/18
Christine	Bongiovi	07/20
George	Simester	07/20
Veronika	Zbrizher	07/21
Tabitha	Floyd	07/21
Michael	Brooks	07/22
Marlo	Whitaker	07/24
Beth	Tooker	07/25
Marcella	Truppa	07/26
Maurice	Tucker	07/27
Nicholas	Mercado	07/28
Mark	Straka	07/29
Ashley	Forges	07/29
Terri	Schwartz	07/30
Tariq	Carter	07/31

Steven	Domalewski	08/02
Thomas	Hetzel	08/03
Harold	Harris	08/03
James	Farley	08/06
Amanda	LaVecchia	08/07
Robert	Cappello	08/07
Nadirah	Daves	08/07
Sylvia	Toll	08/08
Paula	Fair	08/08
Laurie	Kroner	08/09
Shawn	Cooke	08/11
Alexander	Rubin	08/12
Pierre	Amilcar	08/12
Mark	Bloom	08/12
Milagros	Olavarria	08/12
Graham	Graifer	08/15
Brenda	James	08/15
Jake	Melius	08/16
Ralph	Pedersen	08/19
AnnMarie	Carr	08/19
Steven	Siel	08/19
Zanada	Hart	08/20
Tuwanda	Woods	08/20
Cole	Mevorah	08/21
Anna	Yanuta	08/21
Jody	Arnot	08/21
Thomas	Corea	08/22
Howard	Lurie	08/23
Edwardo	Droz	08/23
Carla	Bongort	08/24
Joseph	Esler	08/25
Laura	Palumbo	08/28
Kimberly	Barry	08/29

MEMBER'S SPOTLIGHT

Pearl Elias

Pearl is a true SUPERSTAR when it comes to CAU RECREATION! She loves attending our in-house concerts and loves music! She also is a Member of our CAU Community Players, so make sure you come out and see her in Annie Jr at Rahway High School! She is AMAZING! Pearl is always working hard too here at our CAU Café! She is always friendly to EVERYONE and always makes the day a bit BRIGHTER!!!! Thanks PEARL!!!!

WHY IS RECREATION SO IMPORTANT?

- **EXERCISE** - **Studies have shown that regular exercise can help prevent diseases, control your weight, increase strength, improve stamina, help you sleep better, and just make you feel better in general**
- **RELAXATION- Calm your mind, and you'll lower your blood pressure**
- **GROUP PARTICIPATION - Participating in any kind of group activity—a class, theatrical production, community league sport, or pick-up game, has all kinds of benefits. Group activities help you build your social skills and social networks.**

EVENTS

Game Night & Dinner

Date: Mon., July 9th & 30th + Tues., August 28th
Time: 6:00 PM - 8:00 PM
Location: 80 West Grand St. Elizabeth, NJ

Cost: $25—Single CAU Member
$30—CAU Member with Direct Care Supervision
$30—Single Community Member

Try out our new GIANT Connect Four, GIANT Jenga, NOK Hockey and SHUFFLE BOARD!!!

Lun Wah Tiki Restaurant

NEW!

Date: Wednesday, July 11th
Time: 6-8pm
Location: Roselle, NJ
Cost: $45

Try a refreshing, alcohol-free drink in a real PINEAPPLE or COCONUT! This amazing restaurant will make you feel like you are on a VACATION!!! If you love Chinese cuisine, don't miss this one!!

Helping Hands

Date: Tuesday, August 7th
Time: 6:00 PM - 8:00 PM
Location: 80 West Grand St. Elizabeth, NJ
Cost: First Meeting is Free; $2 per person after first meeting

Helping Hands is one of the oldest and strongest self-advocacy groups in the state of New Jersey. Advocates are involved in legislative updates, letter writing campaigns, accessibility and voting campaigns, "Meet the Candidates" events, attending local, state and national conferences, and conducing professional workshops. Meetings are held monthly and are open to all people with disabilities.

Top Golf w / Dinner

Date: Thurs., July 5th + August 16th

Time: 6:00 PM - 8:00 PM

Location: 1013 U.S. RT 1 Edison, NJ

***Please Arrive to CAU by 5:30pm**

Cost: $60—Single CAU Member

$65—CAU Member with Direct Care Supervision

$65—Single Community Member

Top golf is the premier entertainment for golf games for all skill levels, upscale food and drinks and great music.

Bingo & Dinner

Date: Monday, July 16th + Friday, Aug. 10th & 24th

Time: 6:00 PM - 8:00pm PM

Location: 80 West Grand St. Elizabeth, NJ

***All members must arrive CAU Main Office at 5:30 PM**

Cost: $20—Single CAU Member

$25—CAU Member with Direct Care Supervision/Single Community Member

$25—Single Community Member

WIN BIG! GIFT CARDS AS PRIZES!!!!!

Monster Mini Golf

Date: Thursday, July 26th

Time: 6-8pm

Location: 775 U.S. 1, Edison, NJ

***Please Arrive to CAU by 5:30pm**

Cost: $25—Single CAU Member

$30—CAU Member with Direct Care Supervision

$30—Single Community Member

We will have a private room, pizza and drink, and $5 arcade card...
ALL INCLUDED!!! Don't miss this!!

Turtle Back Zoo

Date: Sunday, August 12th
Time: 12-3pm
Location: West Orange, NJ
Cost: $35 –includes lunch!

Come out and see your favorite animals!!

Bowling Night at Jersey Lanes

Date: Tuesday, July 17th and Aug. 14th
Time: 6:00 PM - 8:00 PM
Location: Jersey Lanes—Linden, NJ or other Open location
***Pick Up is at the CAU Main Office promptly at 5:30 PM**

Cost: $35—Single CAU Member
$40—CAU Member with Direct Care Supervision
$40—Single Community Member

Evening will include 2 hours of bowling time, shoe rental and treat from snack bar!!!

Cornucopia Brunch Cruise

Date: Sunday, August 26th
Time: 12-3pm
Location: Perth Amboy, NJ
Cost: $60

Don't miss this!!!

Rainforest Cafe

Date: Tuesday, July 3rd + Aug. 22nd

Time: 6-8pm PM

Location: Menlo Park Mall—Edison, NJ

***Please arrive to CAU by 5:30 pm**

Cost: $45

Try out this amazing dining experience in an actual RAINFOREST!!! This is SOOOO fun!

Keansburg Amusement Park

Date: July 15th, July 19th + Aug 1st, Aug 23rd
Waterpark ONLY on Sunday , July 15th

Time: 6-9pm weekdays/12-3pm weekend

Location: Keansburg, NJ

Cost: $45—Single CAU Member
$49—CAU Member with Direct Care Supervision
$49—Single Community Member

Admission includes all you can ride on the amazing attractions and a delicious meal! So fun, and SO CLOSE TO HOME!!!!

Includes admission to the ***HAUNTED MANOR!!***
Are you BRAVE enough?!!

Megan Modero and Frank Barile at TD BANK Patriots Baseball! She caught a ball!!! Will you too??!!!

Happy Birthday FRANK!!!!!

Patriots Baseball Game

Date: Sunday, August, 19th
Time: 5pm-8pm
Location: 1 Patriots Park, Bridgewater, NJ 08807

Cost: $20—Single CAU Member—Includes dinner!!
$25—CAU Member with Direct Care Supervision
$25—Single Community Member

Private Suite!

Extra special thanks to TD BANK for their generosity toward our Members!

DD2 Christmas in July

Wednesday July 25th, 2018
6p -8p
CAU Auditorium

Please sign up members in GAUNET Recreation Portal.
Dinner & presents will be provided!

All proceeds will go towards 2018 Ira Geller Walk-a-thon

$35.00 Sign up is Required

PosterMyWall.com

Medieval Times

Date: Friday, July 13th
Time: 6:00 PM - 9:00 PM
Location: 149 Polito Ave. Lyndhurst, NJ
***All members must arrive CAU Main Office at 5:30 PM**

Cost: $65—Single CAU Member
$75—CAU Member with Direct Care Supervision
$75—Single Community Member

Includes 1 ticket with a meal

Karaoke Night

Date: Monday, July 23rd + August 21st
Time: 6:00 PM - 8:00 PM
Location: 80 West Grand St, Elizabeth, NJ
***All Members must arrive CAU Main Office at 5:30 PM**

Cost: $15—Single CAU Member
$18—CAU Member with Direct Care Supervision
$18—Single Community Member

Enjoy jamming to the greatest hits from the past and present! Served with Dinner!

Dave and Busters

Date: Thursday, July 12th + Aug 9th & 30th
Time: Sat. 12-3pm and Tuesday 6-8pm
Location: Woodbridge, NJ
***All participants must meet at the CAU Main Office promptly At 5:30pm**
Cost:
$45—Single CAU Member
$49—CAU Member with Direct Care Supervision
$49—Single Community Member

Includes dinner, and a bonus game card! Come check out the amazing food and unforgettable games!!! You will LOVE THIS ONE!!!!

Join us for a night of dancing!
There will be dinner, a photo booth, party favors, & a Disco Costume Contest!
Disco Prom
2018
July 27, 2018, 6pm-9pm
Community Access Unlimited– Auditorium
80 West Grand Street– Elizabeth, NJ 07202
Sign Up with CAU Recreation for a fee of
$30.00, for questions contact Charlene Walker
(908) 354-3040 ext 4371
All proceeds go to Helping Hands Self Advocacy

Community Access

Movie Matinees & Movie Night

Includes choice of movie, popcorn and a beverage at the theatre!

Event Date: Sunday, July 8th & 29th(Matinee –Day Time)
Event Date: Monday, August 6th & 27th (Night)
Event Time: Matinee 12 to 3:00 pm & Movie Night 6 to 9:00 pm
Event Cost: Single CAU Member—$40
CAU Member with Direct Care Supervision—$42
Single Community member—$42

Members must meet at the CAU Main Office promptly at 5:45 PM for Night Shows

Wild West City

WOW!!

Date: Sunday, August 5th
Time: 12-3pm
Location: Netcong, NJ

Cost: $45

Have you ever wondered what it would be like to live in the Wild West? Come check out the shows and live entertainment here! Travel back in time!!! Pan for gold and ride a real stagecoach!!

Community Access

SAVE THE DATE!

ANNUAL IRA GELLER WALK-A-THON

SEPTEMBER 15, 2018

OAK RIDGE PARK, CLARK, NJ

REGISTRATION: 11:00 AM * EVENT TIME: 12:00 PM—3:00 PM

FEAST WITH FRIENDS | July DINING EVENTS

EVENT COST:

- Single CAU Member—$45
- CAU Member with Direct Care Supervision—$49
- Single Community Member—$49

FOR ALL DINING EVENTS:

- There are 12 spots available per event
- Members must meet at the CAU Main Office promptly 40 mins before to drive over to the restaurant.

Restaurant	Date	Time	Location
TGI Friday's	Friday, July 6th & July 20th	6-8pm	400 South Park Ave, Linden, NJ
Cheesecake Factory	Wednesday, July 18th	6-8pm	Menlo Mall, Edison, NJ
Rainforest Café	Tuesday, July 3rd	6-8pm	Menlo Mall, Edison, NJ
Lun Wah Tiki	Wednesday July 11th NEW!	6-8pm	Roselle, NJ
IHOP	Sunday, July 22nd	12-3pm	465 North Broad St. Elizabeth,NJ
Benihana	Tuesday, July 31st	6-8pm	Short Hills, NJ
All You Can Eat	Tuesday, July 31st	6-8pm	Linden, NJ

Applebee's · The Cheesecake Factory · chili's · Hard Rock Cafe · Planet Hollywood · Red Lobster · Ruby Tuesday · TGI FRIDAYS

FEAST WITH FRIENDS | AUGUST DINING EVENTS

EVENT COST:

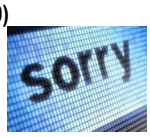
- Single CAU Member—$45
- CAU Member with Direct Care Supervision—$49
- Single Community Member—$49

FOR ALL DINING EVENTS:

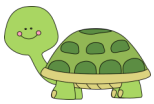
- There are 12 spots available per event
- Members must meet at the CAU Main Office promptly 40 mins before to drive over to the restaurant

Restaurant	Date	Time	Location
Rainforest Café	Wednesday, August 22nd	6-8pm	Menlo Mall, Edison, NJ
TGI Friday's	Friday, Aug 3rd & Aug17th	6-8pm	400 South Park Ave, Linden, NJ
Outback Steakhouse	Wednesday, August 8th	6-8pm	Springfield, NJ
Benihana	Monday, August 13th	6-8pm	Short Hills, NJ
All You Can Eat	Friday, Aug 31st	6-8pm	Linden, NJ
Red Lobster	Wednesday, August 15th	6-8pm	2520 Rte 22, Union, NJ
Olive Garden	Wednesday, August 29th	6-8pm	Springfield, NJ

July Recreation Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1)	2)	3)	4)	5) TOP GOLF	6)	7)
8)	9) GAME NIGHT	10) 	11) LUN WAH	12)	13) Medieval Times	14)
15) Keansburg	16)	17)	18)	19) Keansburg	20)	21)
22)	23)	24)	25)	26) Monster Golf	27) CAU PROM	28)
29)	30) GAME NIGHT	31)				

August Recreation Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1) Keansburg	2)	3)	4)
5) Wild West City!!!	6)	7) Helping Hands	8)	9)	10)	11)
12) ZOO 	13)	14)	15)	16) TOP GOLF	17)	18)
19)	20)	21)	22)	23) Keansburg	24)	25)
26) Brunch Cruise	27)	28) GAME NIGHT	29)	30)	31)	

JULY 2018 RECREATION SIGN-UP WORKSHEET

Please return this form with payment to:

Community Access Unlimited 80 West Grand St., Elizabeth, NJ 07202

Date	Event/Class	Time	Single Member Cost	Cost with Direct Care	Community Member Cost	Total
7/1	Annie Jr.	7-9pm	$12.00	$12.00	$12.00	
7/3	Rainforest Cafe	6-8pm	$45.00	$49.00	$49.00	
7/5	Top Golf	6-8pm	$60.00	$65.00	$65.00	
7/6	TGI Friday's	6-8pm	$45.00	$49.00	$49.00	
7/7	Religious Services @ CAU	11-1pm	Complimentary	Complimentary	Complimentary	
7/8	Movie Matinee	12-3pm	$40.00	$42.00	$42.00	
7/9	Game Night	6-8pm	$25.00	$30.00	$30.00	
7/11	Lun Wah Tiki Restaurant	6-8pm	$45.00	$49.00	$49.00	
7/12	Dave and Busters	6-8pm	$45.00	$49.00	$49.00	
7/13	Medieval Times	6-9pm	$65.00	$75.00	$75.00	
7/14	Religious Services @ CAU	11-1pm	Complimentary	Complimentary	Complimentary	
7/15	Keansburg (WATER PARK)	12-3pm	$45.00	$49.00	$49.00	
7/16	Bingo and Dinner	6-8pm	$20.00	$25.00	$25.00	
7/17	Bowling Night	6-8pm	$35.00	$40.00	$40.00	
7/18	Cheesecake Factory	6-8pm	$45.00	$49.00	$49.00	
7/19	Keansburg (RIDES ONLY)	6-9pm	$45.00	$49.00	$49.00	
7/20	TGI Friday's	6-8pm	$45.00	$49.00	$49.00	
7/21	Religious Services @ CAU	11-1pm	Complimentary	Complimentary	Complimentary	
7/22	iHOP	12-3pm	$45.00	$49.00	$49.00	
7/23	Karaoke Night	6-8pm	$15.00	$18.00	$18.00	
7/25	Christmas in JULY!	6-8pm	$35.00	$35.00	$35.00	
7/26	Monster Mini Golf	6-8pm	$25.00	$30.00	$30.00	
7/27	CAU PROM	6-8pm	$30.00	$30.00	$30.00	
7/28	Religious Services @ CAU	11-1pm	Complimentary	Complimentary	Complimentary	
7/29	Movie Matinee	12-3pm	$40.00	$42.00	$42.00	
7/30	Game Night	6-8pm	$25.00	$30.00	$30.00	
7/31	All you can Eat Buffet	6-8pm	$45.00	$49.00	$49.00	

Name: _____ Today's Date: _____

Address: _____ CAU Program:_____ Accessibility?:___

City/State/Zip: _____

Phone Number: _____ Email: _____

Payment Details (check one): □ Check# _____ □ Money Order □ Cash

Please make checks and Money Orders to Community Access Unlimited and include the following: Name of Event/Class, Date of Event/Class

AUGUST 2018 RECREATION SIGN-UP WORKSHEET

Please return this form with payment to:

Community Access Unlimited 80 West Grand St., Elizabeth, NJ 07202

Date	Event/Class	Time	Single Member Cost	Cost with Direct Care	Community Member Cost	Total
8/1	Keansburg (RIDES ONLY)	6-9pm	$45.00	$49.00	$49.00	
8/3	TGI Friday's	6-8pm	$45.00	$49.00	$49.00	
8/4	Religious Services @ CAU	11-1pm	Complimentary	Complimentary	Complimentary	
8/5	Wild West City!	12-3pm	$50.00	$55.00	$55.00	
8/6	Movie Night	6-8pm	$40.00	$42.00	$42.00	
8/7	Helping Hands	6-8pm	$2.00	$2.00	$2.00	
8/8	Outback Steakhouse	6-8pm	$45.00	$49.00	$49.00	
8/9	Dave and Busters	6-8pm	$45.00	$49.00	$49.00	
8/10	Bingo and Dinner	6-8pm	$20.00	$25.00	$25.00	
8/11	Religious Services @ CAU	11-1pm	Complimentary	Complimentary	Complimentary	
8/12	Turtle Back Zoo	12-3pm	$35.00	$40.00	$40.00	
8/13	Benihana	6-8pm	$45.00	$49.00	$49.00	
8/14	Bowling Night	6-8pm	$35.00	$40.00	$40.00	
8/15	Red Lobster	6-8pm	$45.00	$49.00	$49.00	
8/16	Top Golf	6-8pm	$60.00	$65.00	$65.00	
8/17	TGI Friday's	6-8pm	$45.00	$49.00	$49.00	
8/18	Religious Services @ CAU	11-1pm	Complimentary	Complimentary	Complimentary	
8/19	AAA Baseball in Private Suite	5-9pm	$20.00	$25.00	$25.00	
8/21	Karaoke Night	6-8pm	$15.00	$18.00	$18.00	
8/22	Rainforest Café	6-8pm	$45.00	$49.00	$49.00	
8/23	Keansburg (RIDES ONLY)	6-9pm	$45.00	$49.00	$49.00	
8/24	Bingo and Dinner	6-8pm	$20.00	$25.00	$25.00	
8/25	Religious Services @ CAU	11-1pm	Complimentary	Complimentary	Complimentary	
8/26	Brunch Cruise!	11-2pm	$60.00	$65.00	$65.00	
8/27	Movie Night	6-8pm	$40.00	$42.00	$42.00	
8/28	Game Night	6-8pm	$25.00	$30.00	$30.00	
8/29	Olive Garden	6-8pm	$45.00	$49.00	$49.00	
8/30	Dave and Busters	6-8pm	$45.00	$49.00	$49.00	
8/31	All you can Eat Buffet	6-8pm	$45.00	$49.00	$49.00	

Name: _____ Today's Date: _____

Address: _____ CAU Program: _____ Accessibility?:___

City/State/Zip: _____

Phone Number: _____ Email: _____

Payment Details (check one): ☐ Check# _____ ☐ Money Order ☐ Cash

Please make checks and Money Orders to Community Access Unlimited and include the following: Name of Event/Class, Date of Event/Class

CAU Recreation Guidelines

Sign Up to participate in a Recreation Event—it's as easy as 1, 2, 3!

1 Choose events that interest you and contact the Director of Community Integrations to check availability: Gregory Rybeck at 908-354-3040 x4205; grybeck@caunj.org

2

For CAU Members:
Contact your counselor or Program Assistant Director to complete registration for events you're interested in attending.

For Community Members
Contact Gregory Rybeck (above) to reserve your spot for your favorite recreation event

3 All participants must complete the Monthly Recreation Sign-Up Worksheet (included on page 17-18) and return with payment to:
Community Access Unlimited
Attn: Recreation Department
80 West Grand St. Elizabeth, NJ 07202

Additional Information

- For events that require advance purchase of tickets or passes, payment for the event will be asked for upfront.
- Space is limited for each event, so a reservation is required
- If you are unable to attend a class or event you have signed up for, notify the Director of Community Integration at 908-354-3040 x4205 within 10 business days advance in order to receive a refund or credit. If the Recreation Department is NOT notified, no refund or credit will be provided. No refunds or credits may be given for events with pre-purchased tickets.
- Members who are not CAU Members will be charged an additional fee for attending Recreation events as outlined on the Worksheet. If you are interested in becoming a CAU Recreational Member, contact us. The fee is $300/year and ensures the member price for all events.

COMMUNITY ACCESS
UNLIMITED

80 West Grand Street
Elizabeth, NJ 07202
Phone: 908-354-3040 TTY/TTD: 908-354-4629
Fax: 908-354-2665 www.caunj.org

NON-PROFIT
ORGANIZATION
U.S. POSTAGE
PAID
PERMIT 225
Elizabeth, NJ

Saturday Religious Services -CAU Auditorium
80 West Grand
All Faiths Welcome!
COMPLIMENTARY EVENT!
Every Saturday - 11:00 am - 1:00pm