

COMMUNITY ACCESS
U N L I M I T E D

Recreational & Educational Newsletter 2007

January & February



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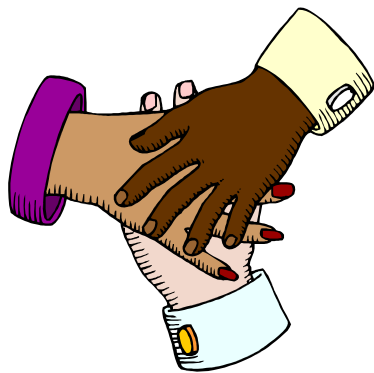
80 West Grand Street, Elizabeth, New Jersey 07202
For Recreation information call @ (908) 354-3040 ext 272
Website: www.caunj.org

Recreation Guidelines

1. All members attending an event must meet in the Chat Center at the time listed in the newsletter
2. **All Members & Non-Members MUST Sign up and pay in advance; however, you must check for the availability of each event before submitting payments by calling at ext. 272 or ext. 306.**
3. When paying by Check or Money Order you must include event date, event and full name of attendee. ***Sign-Up sheets must be attached with payment.***
4. You need to let the Rec. department know at least ten business days in advance if you are not going to an event or there is no refund or credit
5. There will be no refunds or credit for pre-purchased tickets as well as no shows (I.e. vacations, shows, sporting events, etc)
6. If you're interested in any event please contact your primary counselor or your Program Assistant Director.
7. Recreation Newsletter is also available on our Website at www.caunj.org.

Assistant Directors in Charge:
James Scotland from Cranford for January
Kim Daly from Linden for February

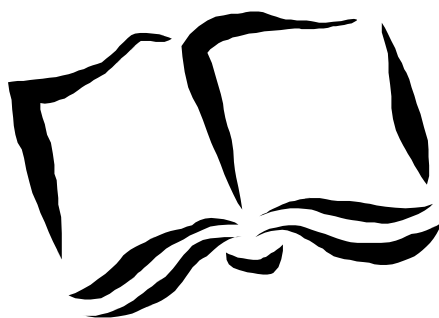
For all non-members the cost will be an additional \$4 per person per event.



Helping Hands & Self Advocacy **January 9th and February 6th**

Location: CAU Main Office
5:30pm – 7:00pm

Reading Classes



Don't forget to sign up for Reading Classes.
If you are interested, you must sign up for all six classes
for the following dates: 1/8, 1/22, 2/12, 2/26,
from 5-6pm.

You will learn the alphabet words, sentences, comprehension and much more.



Happy Birthday

David Dimanche	01/01	Renee Weiss	02/01
Christopher Davis	01/01	Annie Williams	02/10
Sara St.Claire	01/01	Tracey Singer	02/10
Corey McClain	01/01	Randy Mercado	02/15
Alan Borman	01/04	Mark Stevens	02/16
Sandra Dunn	01/06	Wayne Petuck	02/19
Sharon Mohry	01/07	Anthony Robertazzi	02/22
Lenore Trower	01/08	Michael Woodruff	02/25
Alphonsina Bardino	01/10		
Jacqueline Bryant	01/13		
Rhoda Weisberg	01/14		
Gregory Clark	01/17		
Mark Obler	01/23		
Adrian Poku	01/25		
Elliott Knolton	01/26		
Edward Eiser	01/27		
Glenn Wilks	01/28		
Michelle Werner	01/28		
John Bradley	01/29		
Edward Eggiman	01/30		

Instructions for the “Monthly Event Worksheet”

Please check for availability of each event before submitting any payments by calling Information & Referral Coordinator at ext. 272

or

REP Director at ext. 306.

1. This form must accompany all payments given to Community Access Unlimited.
2. Complete the Customer Information section completely & the current date.
3. To choose an event, carry the cost amount over to the total column to the right side of the sheet.
4. At the bottom of the total column, add all of the cost amounts you wrote in the Total column.
5. Check the appropriate box for your payment and include that with the sheet and bring it to CAU
6. Make sure you make a copy for your records and show your counselor
7. Your counselor will then go into the shared file and put you name down for each event you paid for.

Date(s)	Event Title	Time	Cost	TOTAL



Winter Time Fun

Seek n Find

A F I R E P L A C E C M I J K L
 O K M O Y R N G U I M A T A H G
 L H I Y T A F Y D A S R O I O R
 E F H Y M V R R Y T R S B V T C
 V A Q W I R M R T K J H K L C M
 O G O F N I U C F Z S M F T H V
 H N B B T F G H C H I E B G O G
 S I U T U E E R O W S L D T C F
 F K E S H U I H A H I L T Y O D
 B N A C F B O O T S T O F Y L G
 S Q E A R T Y J M K B W H G A G
 J K L R L O L O F V X S Z G T H
 W I I F L A Z H J I W I N T E R
 J A C K J S L E D R I D E S U H
 S N O W A N G E L S H J K I O K
 L A K Z F G H A H U Y U L O A C

Find words diagonally, horizontal or vertical. Enjoy!

Boots
 Coat
 Fireplace
 Hot Chocolate
 Marshmallows

Mint
 Mittens
 Scarf
 Shovel
 Ski

Sled Rides
 Snow Angels
 Snowman
 Winter

January Events

Event	Location	Date	Time	Cost
Movies at Loews (12 slots)	Jersey Garden, Elizabeth, NJ	1/5/07	6pm	\$15.00
Enjoy the latest movie at Jersey Garden's Loews theater.				
Bowling (12 Slots)	Linden, NJ	1/10/07	6pm	\$10.00
Knock as many pins as you can and brag your rights				
TGIF (12slots)	Union, NJ	1/11/07	6pm	\$24.00
Enjoy your favorite meals with your friends				
Breakfast @ IHOP (12 slots)	Elizabeth, NJ	1/13/07	10 am	\$17.00
It a pancake Bonanza				
Bingo and Subs (12 slots)	80 W Grand Elizabeth, NJ	1/16/07	6 pm	\$10.00
It's a Friendly competition with some good food. Don't miss it				
Dinner @ Outback (12 slots)	Route 22, Union, NJ	1/17/07	6pm	\$24.00
Come with friends and enjoy a great steak at the best steak house in town.				
Movies at Loews (12 slots)	Jersey Garden, Elizabeth, NJ	1/19/07	6pm	\$15.00
Enjoy the latest movie at Jersey Garden's Loews theater.				
Bowling (12 slots)	Linden, NJ	1/24/07	6pm	\$10.00
Knock all the pins down and brag your rights.				
China Buffet (12 slots)	Roselle, NJ	1/25/07	6pm	\$17.00
Eat all you can for cheap				
Atlantic City Day Trip (12 slots)	Atlantic City, NJ	1/27/07	9am	\$25.00
Enjoy a Buffet and maybe win a prize				
Board games and Chinese Food (12 slots)	80 W Grand Elizabeth, NJ	1/30/07	6pm	\$10.00
Games, Food and Friends!!!!				
Applebee's (12slots)	Route 22, Union, NJ	1/31/07	6pm	\$24.00
Eating good in the neighborhood				



Community Access Unlimited

80 West Grand Street
Elizabeth, New Jersey 07202
(908) 354-3040 ext. 268

Monthly Event Worksheet

Today's Date: _____

Customer Information

Full Name(s) _____

Address _____

City _____ **State** _____ **Zip** _____

Phone _____ **Program** _____

#	Date(s)	Event Title	Time	Cost	Total
1	1/5/07	Movies @ Loews	6pm	\$15.00	
2	1/8/07	Reading Class	5-6pm	\$4.00	
3	1/10/07	Bowling	6pm	\$10.00	
4	1/11/07	TGIF	6pm	\$24.00	
5	1/13/07	Breakfast @ IHOP	10am	\$17.00	
6	1/16/07	Bingo and Subs	6pm	\$1000	
7	1/17/07	Dinner @ Outback Steak House	6pm	\$24.00	
8	1/19/07	Movies @ Loews	6pm	\$15.00	
9	1/22/07	Reading Class	5-6pm	\$4.00	
10	1/24/07	Bowling	6pm	\$10.00	
11	1/25/07	China Buffet	6pm	\$17.00	
12	1/27/07	Atlantic City Day Trip and Buffet	9am	\$25.00	
13	1/30/07	Board Games and Chinese Food	6pm	\$10.00	
14	1/31/07	Applebee's	6pm	\$24.00	

Payment Details: (Check one box)

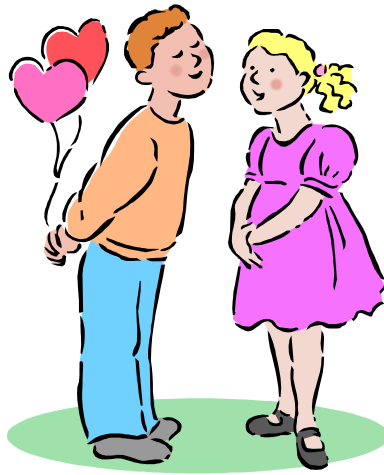
- Check
- Money Order
- Cash

For all non-members the cost will be an additional \$4 per person per event.

Please include Sign Up sheet with Payment
Make Checks and Money Orders out to: Community Access Unlimited
Questions? Call I & R Coordinator (908) 354-3040 Ext. 272

Happy Valentine's Day

Valentine Day Dance
On February 14th
at 6pm
At CAU Cafeteria



Please sign up and enjoy Couples
night and Love

Happy Valentine Day!!



Fun Winter Facts

What Is Snow?

When water freezes inside clouds, ice crystals form. Ice crystals are crystals that have formed around tiny bits of dirt that have been carried up into the atmosphere by the wind. The ice crystals join together creating snow flakes. Once the flakes are heavy enough they fall to the ground as snow. Each snowflake is made up of from 2 to about 200 separate crystals. In addition to a normal snow fall, snow can drift to the ground lightly as flurries, fall heavily as a snowstorm, or pile up quickly by being blown by strong winds in a blizzard.

What Color Is Snow?

Believe it or not, snow is actually clear/transparent. Snow appears white because the crystals act as prisms, breaking up the light of the sun into the entire spectrum of color. The human eye is unable to handle that kind of sensory overload. Therefore, we see the snow as white or sometimes blue. The color of snow can depend on the environment in which you live. Some snowflakes look like they are pink. If you live in a place where your soil is red, snow is pink. The red dust blows into the clouds, discoloring the snow.

How Big Is A Snowflake?

Most snowflakes are less than one-half inch across. The largest snowflake recorded was fifteen inches in diameter. All snowflakes have six sides and no two snowflakes are alike. How Many Snowflake Shapes Are There? Scientists think that there are five different shapes of snow crystals. A long needle shape, hollow column that is shaped like a six-sided prism, thin and flat six-sided plates, six-pointed stars and intricate dendrites.

What Makes The Different Shapes?

The shape that a snow crystal will take depends on the temperature at which it was formed. When the temperature is around 32°F to 25°F thin six-sided plates are formed. At 25°F to 21°F long needle shapes are formed. At 21°F to 14°F hollow columns are formed. At 14°F to 10°F six-point stars are formed. At 10°F to 3°F dendrites are formed. The colder it is outside, the smaller the snowflakes that fall. The fluffiest snow falls at temperatures around 15°F.

February Events

Event	Location	Date	Time	Cost
Brunch @ Friendly (12 Slots)	Cranford, NJ	2/3/07	11am	\$17.00
Enjoy a good atmosphere				
Bowling (12 slots)	Linden, NJ	2/7/07	6pm	\$10.00
Knock as many pins down as you can and brag your rights!				
Nail Salon (12 slots)	Rahway Ave, Elizabeth, NJ	2/8/07	6pm	\$5.00
Getting ready for Valentine Day				
Movies @ Loews (12 slots)	Jersey Gardens, NJ	2/9/07	6pm	\$15.00
Watch the Latest movies				
Valentine Day Party (12 slots)	80 W Grand Elizabeth, NJ	2/14/07	6pm	\$20.00
Party with friends				
Dinner @ Bennigan's	Union, NJ	2/15/07	6pm	\$24.00
Bring a hearty appetite and enjoy a meal with friends				
Breakfast @ Old Country	Watchung, NJ	2/17/07	10 am	\$17.00
Enjoy the magic of the holiday season in Lights of all colors!				
Board Games and Chinese Food (12 Slots)	80 W Grand Elizabeth, NJ	2/20/07	6pm	\$10.00
Games and food what a treat				
Bowling (12 Slots)	Linden, NJ	2/21/07	6pm	\$10.00
Knock em all down, try for 300				
Movies @ Loews (12 slots)	Jersey Gardens, NJ	2/23/07	6pm	\$15.00
Watch the Latest movies				
Breakfast @ Sunrise Diner	Elizabeth, NJ	2/24/07	10am	\$14.00
Why cook when you can spend a Saturday morning with Friends				
Olive Garden (12 slots)	Rt. 22, Springfield, NJ	2/27/07	6pm	\$24.00
Getting ready for Valentine Day				
Bingo and Subs (12 Slots)	80 W Grand Elizabeth, NJ	2/28/07	6pm	\$10.00
It a friendly competition with some food and friends				



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Monthly Event Worksheet

Today's Date: _____

Customer Information

Full Name(s) _____

Address _____

City _____ **State** _____ **Zip** _____

Phone _____ **Program** _____

#	Date(s)	Event Title	Time	Cost	Total
1	2/3/07	Brunch @ Friendly	11am	\$17.00	
2	2/7/07	Bowling	6pm	\$10.00	
3	2/8/07	Nail Salon	6pm	\$5.00	
4	2/9/07	Movies @ Loews	6pm	\$15.00	
5	2/12/07	Reading Class	5-6pm	\$4.00	
6	2/14/07	Valentine Day Party	6pm-9pm	\$20.00	
7	2/15/07	Dinner @ Bennigan's	6pm	\$24.00	
8	2/17/07	Breakfast @ Old Country	10 am	\$17.00	
9	2/20/07	Board Games & Chinese Food	6pm	\$10.00	
10	2/21/07	Bowling	6pm	\$10.00	
11	2/23/07	Movies @ Loews	6pm	\$15.00	
12	2/24/07	Breakfast @ Sunrise Diner	10am	\$14.00	
13	2/26/07	Reading Class	5-6pm	\$4.00	
14	2/27/07	Olive Garden	6pm	\$24.00	
15	2/28/07	Bingo and Subs	6pm	\$10.00	

Payment Details: (Check one box)

- Check
- Money Order
- Cash

For all non-members the cost will be an additional \$4 per person per event.

Please include Sign Up sheet with Payment
Make Checks and Money Orders out to: Community Access Unlimited
Questions? Call I&R Coordinator (908) 354-3040 Ext. 272

Use your creativity and color the snowman.

January 2007

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2	3	4	5 Movies @ Loews	6	7
8 Reading Class	9 Helping Hands	10 Bowling	11 TGIF	12	13. Breakfast @ IHOP	14
15	16 Bingo and Subs	17. Dinner @ Outback Steak House	18	19 Movies @ Loews	20	21
22 Reading Class	23	24 Bowling	25 China Buffet	26	27 Atlantic City Day trip	28
29	30 Board Games and Chinese Food	31 Applebee's				

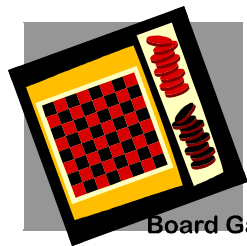
February 2007

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1	2	3 Brunch @ Friendly	4
5	6 Helping Hands	7 Bowling	8 Nail Salon	9 Movies @ Loews	10	11
12 Reading Class	13	14 Valentine Day Party	15 Dinner @ Bennigan's	16	17 Breakfast @ Old Country	18
19 Presidents Day	20 Board Games & Chinese Food	21 Bowling	22	23 Movies @ Loews	24 Breakfast @ Sunrise Diner	25
26 Reading Class	27 Olive Garden	28 Bingo and Subs				



Community Access Unlimited
80 West Grand Street
Elizabeth, New Jersey 07202-1447

**It' may be cold outside but come warm up with
some CAU Activities**

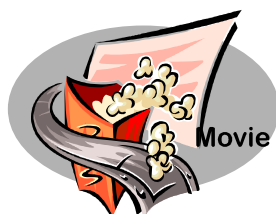


Board Games



Dining Out

Sign Up



Movie Nights