

Community Access Unlimited

May & June 2010

Recreation & Education Newsletter



Supporting People with Special Needs in Achieving Real Lives

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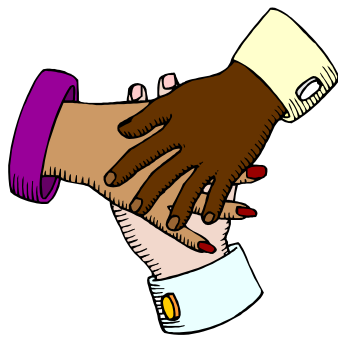
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80 West Grand Street, Elizabeth, New Jersey 07202
For Recreation information call @ (908) 354-3040 ext 272 or 374
Website: www.caunj.org

Recreation Guidelines

1. All members attending an event must meet in the Chat Center at the time listed in the newsletter
2. **All Members & Non-Members MUST Sign up and pay in advance; however, you must check for the availability of each event before submitting payments by calling at ext. 272 or ext. 374.**
3. When paying by Check or Money Order you must include event date, event and full name of attendee. ***Sign-Up sheets must be attached with payment.***
4. You need to let the Rec. department know at least ten business days in advance if you are not going to an event or there is no refund or credit
5. There will be no refunds or credit for pre-purchased tickets as well as no shows (I.e. vacations, shows, sporting events, etc)
6. If you're interested in any event please contact your primary counselor or your Program Assistant Director.
7. Recreation Newsletter is also available on our Website at www.caunj.org.
8. If your interested in becoming a CAU Recreational member please call ext. 272 or ext. 374 for an application

For all non-members the cost will be an additional \$4 per person per event.



Helping Hands Self Advocacy

May 4th & June 1st

**Location: CAU Main Office
5:30pm – 7:00pm**

This is an opportunity for you to speak out and stand up for your rights.

Cost for your first meeting is free; each meeting after is \$2

Reading Classes



**Don't forget to sign up for Reading Classes.
If you are interested, please sign up for any of the classes
on the following dates:**

**5/6, 5/20, 6/3, 6/17
from 6 - 7 pm.**

**Classes will cost only \$6 and will meet in
the Chat Center @ 80 West Grand**

You will learn the alphabet, words, sentences, comprehension and much more.

Happy Birthday

May & June Birthday Wishes



Mary R	6/1
Sheri C	6/2
Geraldine F	6/2
Christian P	6/2
Theodora K	6/3
Megan M	6/3
Michael D	6/3
Elizabeth F	6/4
Matthew W	6/4
Allan B	6/6
Seymour R	6/7
Maureen M	6/7
Lyman T	6/8
Oleska J	6/8
Midread C	6/8
Andy R	6/10
Shakia J	6/11
Tom S	6/12
Robert H	6/14
Gary R	6/16
Sunnah B	6/20
Steven S	6/21
Theresa W	6/21
Mary Jane F	6/24
Joseph S	6/25
Calvin G	6/26
Linda M	6/27
Marjorie P	6/29

Alicia G	5/1
Sarah B	5/4
Alan C	5/5
Karen K	5/8
John Y	5/11
James E	5/12
Edward K	5/14
Rosemary M	5/15
Anthony C	5/16
Henry Z	5/18
Brian B	5/18
Chip D	5/18
Denise G	5/22
Shaniqua J	5/22
Gabianny V	5/22
Joyce S	5/23
David T	5/27
Linda F	5/30



Instructions for the “Monthly Event Worksheet”

Please check for availability of each event before submitting any payments by calling Information & Referral Coordinator at ext. 272 or REC Director at ext. 374.

1. This form must accompany all payments given to Community Access Unlimited.
2. Complete the Customer Information section completely & the current date.
3. To choose an event, carry the cost amount over to the total column to the right side of the sheet. Non-members put cost amount in non-member column.
4. At the bottom of the total column, add all of the cost amounts you wrote in the Total column.
5. Check the appropriate box for your payment and include that with the sheet and bring it to CAU
6. Make sure you make a copy for your records and show your counselor
7. Your counselor will then go into the shared file and put your name down for each event you paid for.

Date(s)	Event Title	Time	Cost		TOTAL
			Member	Nonmember	

Ballroom dance lessons

May Events

Event	Location	Date	Time	Cost
Helping Hands	CAU 80 W Grand St Elizabeth, NJ	5/4/10	5:30 pm	\$2.00
1 st meeting is FREE! Every meeting after is \$2 for members and non-members. Come speak out for your rights!				
Reading Class	CAU – Chat Center	5/6/10	6 pm	\$6.00
Learn the alphabet, words, sentences, comprehension, and more at reading class. Work on your IHP goals while you are here.				
Pizza and Game Night	CAU Café	5/7/10	6 pm	\$15.00
Enjoy the best pizza in town while challenging all of your friends to your favorite board games.				
Breakfast at the Tropicana Diner	537 Morris Ave Elizabeth, NJ	5/8/10	10 am	\$20.00
Why cook on the weekends when you can have breakfast at the diner with your friends?				
Alvin Ailey American Dance Theater	Prudential Hall, NJPAC Newark, NJ	5/9/10	1:30 pm	\$20.00
Visit the NJ Performing Arts Center and enjoy a remarkable dance performance through the vision of Judith Jamison.				
Red Lobster	2520 Rt 22 East Union, NJ	5/10/10	6 pm	\$30.00
Enjoy the catch of the day with friends! One of the hottest events on the calendar so sign up early, space is limited.				
SLAP Quarterly Meeting	CAI – 88 W Grand St Elizabeth, NJ	5/12/10	6 pm	FREE
SLAP members are invited to join other members and staff every quarter to discuss concerns and items of interest as well as participate in training.				
Cooking Class	CAI – 88 W Grand St Elizabeth, NJ	5/13/10	5 pm	\$10.00
Impress your friends and family with the culinary skills that you learn here at CAU about preparing simple, delicious meals!				
Movies	1200 S. Stiles St Linden, NJ	5/14/10	6 pm	\$15.00
Enjoy watching all of the latest releases with your friends as soon as they hit the theaters. Bring a few dollars for popcorn and a soda.				
Brunch at IHOP	465 N. Broad St Elizabeth, NJ	5/15/10	10 am	\$20.00
Why cook on the weekends when you can enjoy breakfast at IHOP with friends? How many pancakes can you eat?				
Point Pleasant Day Trip	Point Pleasant, NJ	5/16/10	10 am	\$30.00
Join your friends for a day at the beach and the boardwalk. Price includes a light lunch. Don't forget beach attire and protection from the sun.				
Chili's	Jersey Gardens 651 Kapkowski Rd Elizabeth	5/17/10	6 pm	\$28.00
Enjoy some of the best food in town – whether it be the sizzling fajitas or a big juicy burger – it's all delicious!				
Famous Dave's	1443 Rt 22 East Mountainside, NJ	5/19/10	6 pm	\$25.00
This past favorite hasn't been on the calendar in a long time – join us for some authentic BBQ in a unique location!				
Reading Class	CAU – Chat Center	5/20/10	6 pm	\$6.00
Learn the alphabet, words, sentences, comprehension, and more at reading class. Work on your IHP goals while you are here.				
Bingo and Subs	CAU Café	5/21/10	6 pm	\$15.00
Enjoy some of the best sub sandwiches in town while playing Bingo with your friends!				
Breakfast at Sunrise Diner	61 Westfield Ave Elizabeth, NJ	5/22/10	10 am	\$20.00
Why cook on the weekends when you can have breakfast with friends at the diner?				
Newark Bears Game	Riverfront Stadium 450 Broad St Newark, NJ	5/23/10	12 pm	\$15.00
Join fellow members and staff as they watch the Newark Bears take on the Long Island Ducks! Don't forget some spending money for food or souvenirs.				
Ruby Tuesday's	120 Glimcher Realty Way Elizabeth, NJ	5/26/10	6 pm	\$28.00
Right in your own hometown – Ruby Tuesday's offers a variety of awesome dinners complete with salad bar! Join your friends to celebrate.				
Cooking Class	CAI – 88 W Grand St Elizabeth, NJ	5/27/10	5 pm	\$10.00
Impress your friends and family with the culinary skills that you learn here at CAU about preparing simple, delicious meals!				
Movies	1200 S. Stiles St Linden, NJ	5/28/10	6 pm	\$15.00
Enjoy watching all of the latest releases with your friends as soon as they hit the theaters. Bring a few dollars for popcorn and a soda.				
Memorial Day BBQ	Nomahegan Park Cranford, NJ	5/30/10	12 pm	\$15.00
Join us for a big CAU members BBQ to kick off the warm weather and upcoming summer months and celebrate Memorial Day at the same time!				

May Monthly Event Worksheet

Customer Information

Full Name(s) _____

Address _____

City _____ State _____ Zip _____

Phone _____ Program _____

#	Date(s)	Event Title	Time	Cost	Cost For Non Members	Total
1	5/4/10	Helping Hands	5:30 pm	\$2.00		
2	5/6/10	Reading Class	6 pm	\$6.00		
3	5/7/10	Pizza and Game Night	6 pm	\$15.00		
4	5/8/10	Breakfast at Tropicana Diner	10 am	\$20.00		
5	5/9/10	Alvin Ailey American Dance Theater	1:30 pm	\$20.00		
6	5/10/10	Red Lobster	6 pm	\$30.00		
7	5/12/10	SLAP Quarterly Meeting	6 pm	FREE	N/A	FREE
8	5/13/10	Cooking Class	5 pm	\$10.00		
9	5/14/10	Movies	6 pm	\$15.00		
10	5/15/10	Brunch at IHOP	10 am	\$20.00		
11	5/16/10	Point Pleasant Day Trip	10 am	\$30.00		
12	5/17/10	Chili's	6 pm	\$28.00		
13	5/19/10	Famous Dave's	6 pm	\$25.00		
14	5/20/10	Reading Class	6 pm	\$6.00		
15	5/21/10	Bingo and Subs	6 pm	\$15.00		
16	5/22/10	Breakfast at Sunrise Diner	10 am	\$20.00		
17	5/23/10	Newark Bears Game	12 pm	\$15.00		
18	5/26/10	Ruby Tuesday's	6 pm	\$28.00		
19	5/27/10	Cooking Class	5 pm	\$10.00		
20	5/28/10	Movies	6 pm	\$15.00		
21	5/30/10	Memorial Day BBQ	12 pm	\$15.00		

There are only twelve slots available for each event, so sign up quickly!

Payment Details: (Check one box)

- Check
 Money Order
 Cash

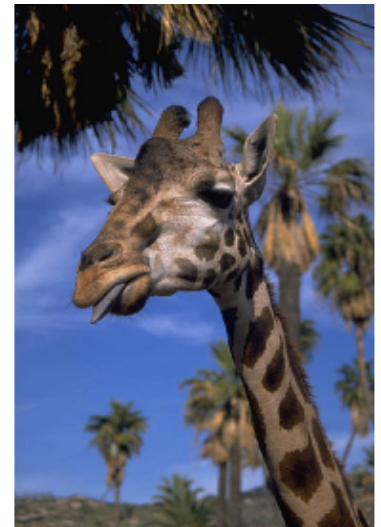
For all non-members the cost will be an additional \$4 per person per event.

Please include Sign Up sheet with Payment
Make Checks/Money Orders out to: Community Access Unlimited
Questions? Call I & R Coordinator (908) 354-3040 Ext. 272

SIX FLAGS GREAT ADVENTURE

June 12, 2010

DEAF AND HARD OF HEARING AWARENESS DAY



*Six Flags welcomes everyone to their annual
Deaf and Hard of Hearing Awareness Day.
Interpreters and special presentations will be
available throughout the day.*

Members should meet at the CAU Main Office at 9 am to arrive when the park opens.

SIX FLAGS GREAT ADVENTURE - SIX FLAGS BOULEVARD - JACKSON, NJ

CAU PROM NIGHT 2010



June 25, 2010

6 - 10 pm

Peterstown Community Center

\$25.00 per person

*Checks or Money Orders should be made payable to 'Helping Hands'
For more information please contact Shakeerah Bryant or Aleyah Lacey*

This is not a CAU Recreation Event. Members must sign up and pay in advance.

June Events

Event	Location	Date	Time	Cost
Helping Hands	CAU 80 W Grand St Elizabeth, NJ	6/1/10	5:30 pm	\$2.00
1 st meeting is FREE! Every meeting after is \$2 for members and non-members. Come speak out for your rights!				
Olive Garden	275 Route 22 Springfield, NJ	6/2/10	6 pm	\$28.00
Enjoy authentic Italian cuisine while spending time with your friends!				
Reading Class	CAU – Chat Center	6/3/10	6 pm	\$6.00
Learn the alphabet, words, sentences, comprehension, and more with your friends at reading class. Work on your IHP goals while you are here.				
Pizza and Game Night	CAU Café	6/4/10	6 pm	\$15.00
Enjoy some of the best pizza in town while challenging your friends to your favorite board games.				
Breakfast at Tropicana Diner	537 Morris Ave Elizabeth, NJ	6/5/10	10 am	\$20.00
Why cook on the weekends when you can have breakfast at the diner with friends?				
Rainforest Café	520 Menlo Park Edison, NJ	6/6/10	6 pm	\$35.00
Only on the calendar a few times a year...enjoy dining on interesting foods in a truly unique atmosphere with your friends.				
Outback Steakhouse	901 Mountain Ave Springfield, NJ	6/8/10	6 pm	\$35.00
Continues to remain on the calendar because of its popularity – maybe it has something to do with the outrageously good food and beverages!				
Applebee's	671 West Edgar Rd Linden, NJ	6/9/10	6 pm	\$28.00
Join your friends at a true neighborhood grill for good food, good drinks, and good times!				
Movies	1200 S. Stiles St Linden, NJ	6/11/10	6 pm	\$15.00
Enjoy watching all of the latest releases with your friends as soon as they hit theaters. Bring a few dollars for popcorn and a soda.				
Six Flags Great Adventure	1 Six Flags Boulevard Jackson, NJ	6/12/10	9 am	\$55.00
Join us for Deaf and Hard of Hearing Awareness Day at Great Adventure. Bring spending money for snacks, drinks, pictures, and souvenirs.				
Dave and Busters	4661 Palisades Center Dr West Nyack, NY	6/13/10	11 am	\$40.00
If you have never been here – it is a must do! Dave and Busters offers good food and great fun with games, entertainment, and prizes for all ages!				
Hooters	2319 Rt 22 Center Island Union, NJ	6/14/10	6 pm	\$28.00
A big hit – join us for a night at Hooters to enjoy all it has to offer including the wings, appetizers, and other great food!				
Reading Class	CAU – Chat Center	6/17/10	6 pm	\$6.00
Learn the alphabet, words, sentences, comprehension, and more with your friends at reading class. Work on your IHP goals while you are here.				
Bingo and Subs	CAU Café	6/18/10	6 pm	\$15.00
Enjoy some of the best sub sandwiches in town while playing Bingo with your friends!				
Brunch at IHOP	465 N. Broad St Elizabeth, NJ	6/19/10	10 am	\$20.00
Why cook on the weekends when you can enjoy breakfast at IHOP with friends? How many pancakes can you eat?				
Atlantic City Day Trip	Atlantic City, NJ	6/20/10	9 am	\$40.00
Join your friends for a day in Atlantic City at the casinos or on the boardwalk. Price includes a light lunch. Bring money to gamble and shop.				
Chevy's Fresh Mex	1150 S. Stiles St. Linden, NJ	6/22/10	6 pm	\$28.00
Enjoy some fresh mex food in an exciting atmosphere with all your buddies!				
Breakfast at the Sunrise Diner	61 Westfield Ave Elizabeth, NJ	6/26/10	10 am	\$20.00
Why cook on the weekends when you can have breakfast with friends at the diner?				
Newark Bears Game	Riverfront Stadium 450 Broad St Newark, NJ	6/27/10	12 pm	\$15.00
Join fellow members and staff as they watch the Newark Bears take on the York Revolution! Don't forget some spending money for food or souvenirs.				
Tiffany's Restaurant	1637 Vauxhall Road Union, NJ	6/28/10	6 pm	\$35.00
Join us for an evening out in a relaxed atmosphere enjoying some of the best ribs this area has to offer!				
Chinese Buffet	1181 Morris Ave Union, NJ	6/30/10	6 pm	\$20.00
Come join us for all you can eat at the Chinese Buffet.				

June Monthly Event Worksheet

Customer Information

Full Name(s) _____

Address _____

City _____ State _____ Zip _____

Phone _____ Program _____

#	Date(s)	Event Title	Time	Cost	Cost For Non Members	Total
1	6/1/10	Helping Hands	5:30 pm	\$2.00		
2	6/2/10	Olive Garden	6 pm	\$28.00		
3	6/3/10	Reading Class	6 pm	\$6.00		
4	6/4/10	Pizza and Game Night	6 pm	\$15.00		
5	6/5/10	Breakfast at Tropicana Diner	10 am	\$20.00		
6	6/6/10	Rainforest Café	6 pm	\$35.00		
7	6/8/10	Outback Steakhouse	6 pm	\$35.00		
8	6/9/10	Applebee's	6 pm	\$28.00		
9	6/10/10	Cooking Class	5 pm	\$10.00		
10	6/11/10	Movies	6 pm	\$15.00		
11	6/12/10	Six Flags Great Adventure	9 am	\$50.00		
12	6/13/10	Dave and Busters	11 am	\$40.00		
13	6/14/10	Hooters	6 pm	\$28.00		
14	6/17/10	Reading Class	6 pm	\$6.00		
15	6/18/10	Bingo and Subs	6 pm	\$15.00		
16	6/19/10	Brunch at IHOP	10 am	\$20.00		
17	6/20/10	Atlantic City Day Trip	9 am	\$40.00		
18	6/22/10	Chevy's	6 pm	\$28.00		
19	6/24/10	Cooking Class	5 pm	\$10.00		
20	6/26/10	Breakfast at Sunrise Diner	10 am	\$20.00		
21	6/27/10	Newark Bears Game	12 pm	\$15.00		
22	6/28/10	Tiffany's Restaurant	6 pm	\$35.00		
23	6/30/10	Chinese Buffet	6 pm	\$20.00		

There are only twelve slots available for each event, so sign up quickly

Payment Details: (Check one box)

- Check
- Money Order
- Cash

For all non-members the cost will be an additional \$4 per person per event.

**Please include Sign Up sheet with Payment
 Make Checks and Money Orders out to: Community Access Unlimited
 Questions? Call I&R Coordinator (908) 354-3040 Ext. 272**

FAMILY CONNECTIONS

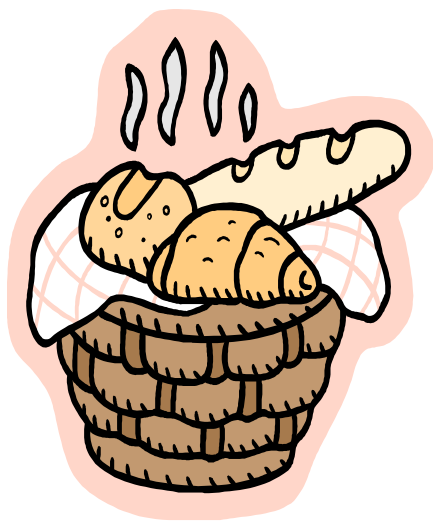
Meetings for 2010

May 18th
July 20th
September 14th
November 16th



Cooking classes are back!!!

You asked for the return of the cooking classes and here they are by popular demand...
Come learn how to create meals for yourself, your roommates, your friends, your family...



Classes are being offered
from 5 - 7 pm
at 88 W Grand St:

5/13

5/27

6/10

6/24

MAY 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4 Helping Hands	5	6 Reading Class	7 Pizza and Game Night	8 Breakfast at the Tropicana Diner
9 Alvin Ailey American Dance Theater	10 Red Lobster	11 Ballroom Dance Lessons	12 SLAP Quarterly Meeting	13 Cooking Class	14 Movies	15 Brunch at IHOP
16 Point Pleasant Day Trip	17 Chili's	18 Family Connections / Ballroom Dance Lessons	19 Famous Dave's	20 Reading Class	21 Bingo and Subs	22 Breakfast at the Sunrise Diner
23 Newark Bears Game	24	25 Ballroom Dance Lessons	26 Ruby Tuesday's	27 Cooking Class	28 Movies	29
30 Memorial Day BBQ	31 <i>Memorial Day Observed</i>					

JUNE 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Helping Hands	2 Olive Garden	3 Reading Class	4 Pizza and Game Night	5 Breakfast at the Tropicana Diner
6 Rainforest Cafe	7	8 Outback	9 Applebee's	10 Cooking Class	11 Movies	12 Six Flags Great Adventure
13 Dave and Busters	14 Hooters	15	16 Performance Recognition Night	17 Reading Class	18 Bingo and Subs	19 Brunch at IHOP
20 Atlantic City Day Trip	21	22 Chevy's	23 Job Club	24 Cooking Class	25 CAU Prom Night 2010	26 Breakfast at the Sunrise Diner
27 Newark Bears Game	28 Tiffany's Restaurant	29	30 Chinese Buffet			



Community Access Unlimited
80 West Grand Street
Elizabeth, New Jersey 07202-1447

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